Preface

To be able to present an effective lesson is a basic activity which every professional teacher must be able to carry out purposefully and with facility. In any teacher preparation program, the topic of designing a lesson must be thoroughly planned and treated as part of that preparation.

This text is written especially to guide undergraduate education students regarding the teaching and learning activities which must be planned during the course of designing any lesson. Consequently, the aim of this work is not necessarily to ground or to describe in detail these activities, but rather to structure their complex relationships so that any lesson can be designed purposefully and with professional insight. This endeavor is strongly supported by the literature of previous authors from this faculty, although they did not necessarily write with this specific purpose in mind. In this respect, we hope that this text provides a contribution to forming students and young teachers who through their preparation as teachers will continually improve their professional stature.

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