CHAPTER 8
LESSON PREPARATION

1. INTRODUCTION

Each professional activity is preceded by preparation. A minister’s sermon represents days of hard work in his/her study. A lawyer cannot properly defend an accused in court unless he/she has done weeks of prior preparation. This preparation is not conspicuous, but the quality of professional activity and conduct is evidence of it. In this respect, a teacher certainly is a prime example of someone whose professional activity must reflect his/her thorough preparation. The fact is, all teachers must be prepared. Hence, anyone who is involved with teaching must be prepared, and this includes the entire range of teaching from preprimary teachers to instructors at a university.

A teacher’s preparation essentially is preplanning a lesson situation which he/she is going to establish in the future. He/she must plan each aspect of the lesson he/she is going to present because it should not progress haphazardly and because, as a professional educator, he/she must be able to account for what he/she brings about in a classroom. He/she must prepare for each lesson because the children for whom it is meant are not completely predictable. This makes his/her didactic reflection difficult. A teacher can never say with certainty if the children in his/her class are going to learn the new learning material in a particular way, or if his/her planning will necessarily result in positive learning results. However, these uncertainties are not an excuse for him/her to not plan his/her lessons. Rather, the opposite is true: a teacher must thoroughly consider what is unpredictable because, ultimately, he/she must be responsible for what occurs in his/her classroom.

In the previous chapter, it is often mentioned that a teacher must continually search for harmony between form and contents in his/her classroom practice. That is, his/her lesson preparation is nothing more than his/her academically and professionally polished
initiative to establish a ground plan (lesson plan) in terms of which he/she is going to create a harmony between form and contents in a specific classroom situation. This ground plan must include certain elements which reflect the demands of the subject contents and the circumstances [situations] of the children. Also, the unforeseen must be allowed for in the general ground plan; his/her lesson preparation must be flexible, but it also must appropriately reflect the essentials of the didactic-pedagogic and subject didactic.

This ground plan is discernible in the lesson write-up, and in the classroom presentation of the lesson situation, as previously stated in the plan. Lesson preparation, thus, is a teacher’s professional responsibility. He/she must be able to be didactically-pedagogically accountable regarding the form of the lesson, and he/she also must be able to account for the subject scientific and subject didactic meaning of the contents he/she is going to unlock in the lesson. His/her lesson preparation is his/her justification for the choice(s) he/she has made to harmoniously synthesize the form and contents of his/her lesson.

Although the expression, “practice makes perfect,” is applicable to a teacher’s classroom practice, this does not mean that he/she necessarily will arrive at an accountable practice during the course of his/her classroom experiences. Neither does this mean that a student teacher is abandoned to his/her inadequate teaching experience. Rather, an “experienced” teacher, who does not continually keep him/herself abreast of the developments in teaching theory and the subject matter he/she teaches, stagnates in the experience of one year. Such a teacher with ten years of experience really has repeated one year’s experience ten times.

A young teacher is not completely defenseless when he/she enters a classroom for the first time. At least he/she possesses a thorough orientation with respect to some subject sciences, which constitutes one leg of the possibility to establish a meaningful classroom situation. In this respect, a young teacher has the benefit of being formed in a subject science and, at least, he/she is up to date regarding contents. His/her subject study is of such a nature that he/she has mastery of the structure of the subject area in the sense which he/she understands the essential relationships which are the
basis of constructing the subject, and he/she knows what is superficial and incidental.

This subject mastery underlies the possibility that a young teacher can penetrate a specific theme to its essences (which will constitute the core of his/her unlocking) and, accordingly, structure the course of the lesson he/she is going to present. A young teacher knows what a child must understand about the theme, and he/she also is able to evaluate his/her own unlocking so that, at least, he/she can meet the demands set by the nature of the subject.

Unfortunately, subject knowledge alone is not sufficient for a young teacher to guarantee that his/her teaching the contents to a child will be meaningful. Still today, there is the view that the mastery of a subject insures successful teaching—a misunderstanding which reigns supreme at universities and other tertiary institutions. All of us know the brilliant academician who cannot communicate with students at all, or who cannot properly explain the subject contents. Students endure such an instructor and cannot be at all convinced of the meaningfulness of his/her teaching. The conclusion is that subject knowledge alone, in no respect reflects the ability to unlock the essences of the contents in such a way that students will assimilate them as meaningful.

A young teacher’s didactic-pedagogic and professional training provide him/her with the other leg of his/her practice. They provide him/her with the basis for scientifically accounting for his/her practice. In his/her scientific study of didactic pedagogics (teaching a child by an adult), a basis is provided for interpreting his/her subject knowledge didactically-pedagogically. The fact is that a teacher does not unlock the contents for the sake of the contents or subject; he/she teaches the subject (as a representation of an aspect of the total surrounding reality) so that a child can acquire a better understanding and skillful manipulation of reality. The aim of this achievement is for a child to eventually be able to relate to reality in more responsible (adult) ways.

Lesson preparation is primarily involved with a teacher’s scientifically accountable interpretation of his/her subject knowledge. On this basis, he/she can crate a harmony between the
form and contents so that he/she can ensure the meaningfulness of the lesson he/she is going to present to a child. Because the lesson situation, and the learning activity occurring in it are so complex, a teacher can hardly ignore his/her planning. For this reason, it is meaningful to write up the lesson. The lesson write-up helps him/her to continually be accountable for the harmony between form and contents which he/she is going to establish for specific children in a specific lesson situation.

2. ASPECTS WHICH MUST BE CONSIDERED IN PREPARING A LESSON

In the previous chapter, it is indicated how a didactic theory results in a lesson structure. This is a logical necessity because, if this is not so, it means that the theory is empty speculation and, thus, that the lesson has no source. The description of the essences of the lesson structure also is directed at clarifying the relationship between theory and practice. In this work, the fundamental reflections a teacher must consider in creating a meaningful lesson situation are clarified. From this, his/her lesson preparation and planning are the pivotal points of his/her professional activities. In the narrowest sense of the word, a teacher’s lesson preparation is the “ground plan” for his/her teaching. Everything that his/her professional training can influence in a classroom must be considered in his/her lesson preparation and be evident in his/her lesson write-up.

In his/her lesson preparation, a teacher must justify his/her interpretation of both his/her academic subject knowledge and his/her didactical-pedagogical knowledge in the light of the demands (didactic criteria) which the practice of teaching presents to him/her.

At the end of his/her lesson a teacher must be able to declare, in a straightforward way, that his/her lesson has met all the didactic criteria because the child, for whom the essences of the lesson contents were unlocked, has properly appropriated them. In his/her preparation, a teacher must solve the problem of how he/she can meaningfully interpret his/her theoretical (academic) subject knowledge for a child. That is, he/she must be able to interpret the contents in terms of the child’s present life and, at the
same time, show their meaningfulness for his/her life as a future adult. In addition, he/she must interpret the contents for him/her in such a way that the social, cultural, scientific and technological requirements of the didactic situation are structured in such a way that a child is going to be meaningfully involved in the learning situation.

Essentially, the problem of the purposeful preparation of a lesson is a problem of meaningful interpretation. This meaningful interpretation necessarily concerns and includes a variety of factors which are relevant to a teaching situation. For example, one thinks of a child’s foreknowledge, in terms of which a teacher must be able to answer the question of how he/she can introduce the new learning material to a child in such a way that, in light of his/her knowledge and experience, he/she can experience the theme as meaningful but, at the same time, experience that his/her knowledge is deficient, which then can serve as a motivation for him/her to want to learn.

Other factors which can influence the course of a lesson are the time available, the composition of the class (homogeneous or heterogeneous), the contents which will follow the unlocking of the theme, etc.

The result of a teacher’s interpretation of didactic theory in a lesson situation is a specific lesson structure in which he/she gives evidence of the mutual and reciprocal relationship between theory and practice, and the way in which both are relevant to the situation he/she is planning. Therefore, it is important to indicate what the various facets of the lesson situation are which he/she must interpret to be able to accountably prepare a lesson. The lesson situation which he/she envisages is the result of his/her interpretation of the following factors:

2.1 Pedagogic-didactic categories and criteria

Interpreting the pedagogic-didactic categories and criteria means that a teacher can justify the lesson situation he has established in the light of his/her knowledge of what a didactic situation is
(categories), and how he/she can evaluate (criteria) if the structure he/she has created reflects the essences of the didactic.

2.2 The child

This especially involves the level of a child’s insights into his/her possessed knowledge, and the quality of these insights. For example, questions which must be answered are: What does a child know about this theme? What has he/she already experienced about this matter? Is his/her coordination of such a nature that he/she can carry out this activity properly? What experiences are necessary for a child to be able to master these new contents? In this framework, it is only logical that a teacher cannot unlock specific contents which lie outside of his/her conceptual field.

2.3 The nature of the subject matter

The unique nature and structure of the subject matter which a teacher is going to unlock for a child are important for interpreting the subject. In this respect, it is important to note that an inductive methodological principle is more relevant for certain subjects because it can better contribute to gaining insight into the subject, while a deductive point of departure is necessary for another subject.

2.4 The methods of unlocking (teaching)

Since the methods of unlocking are one of the aspects which brings about the form of a lesson, by the nature of the matter, the choice of a method of unlocking must be relevant to the didactic ground-form chosen, a child’s level of readiness and the nature of the learning contents. The method a teacher uses is only meaningful to the degree that it is integrated with the other demands of the course of the didactic. Thus, no method exists as “the” method. Each method has the right to exist to the degree that a teacher can justify his/her choice of it, i.e., to the degree that it is an organized part of the whole of his/her lesson.
The pedagogic-didactic demands which each lesson must fulfill do not diminish a teacher’s originality or creativity. The contrary is true: the didactic categories offer a teacher the possibility, and the mandate, to exercise his/her originality, and allow his/her creativity to thrive. The fact that children differ essentially, and that one class differs from another, is a task for a teacher to, at least, harness his/her originality and creativity in each lesson situation. Thus, he/she must continually look for ways of recognizing the individual differences of the children in his/her classroom, and to modify, accordingly, his/her unlocking of reality in such ways that each child can be meaningfully involved in the lesson event. To succeed at this, a teacher must reflect, and reflect again, and this directs an appeal to his/her originality and creativity.

The above implies that a teacher must know a child thoroughly if his/her unlocking of reality for him/her is to be meaningful; however, knowing a child as a person is not sufficient. A teacher also must thoroughly know his/her level of attainment and his/her readiness to understand new knowledge, as well as his/her ability to integrate this new knowledge into his/her horizon of knowledge. This implies that a teacher’s pedagogic-didactic knowledge of a child must be integrated with the requirements the learning material demands.

A teacher’s pedagogic-didactic knowledge is the basis for deciding the didactic ground-form(s) into which he/she is going to cast his/her lesson; the methodological principles and unlocking (teaching) methods he/she is going to use; the principles by which he/she is going to order and systematize the learning material; and the forms of actualizing the didactic principles he/she is going to select. All these choices are made against the background of a child’s situatedness and ability to understand the new learning material.

A child and his/her situatedness are not the only aspects a teacher must consider in making decisions, even though he/she does unlock reality on behalf of a child and, especially on behalf of his/her eventual becoming adult. The nature and complexity of the learning material also must be considered in his/her choices and decisions. If a child is the only consideration in a teacher’s
reflection, the harmony between form and contents becomes disturbed. Such a teaching practice is pedo-centric (child-centered). However, where the contents (subject contents, learning material) are given the greatest weight in planning a lesson, the harmony between form and contents also is disturbed, and such a teaching practice is described as subject-centered.

It is a teacher’s task, in the secondary school, to acquaint a child, for the first time, with the systematized subject sciences which are represented by the school subjects. Thus, a teacher must understand the essences of a subject itself so that his/her decisions about the contents can, at least, be accountable. Consequently, a child and the structure of the learning material must be considered to choose specific methodological principles (inductive, deductive or their combination) and corresponding specific methods (or combinations of methods in their essential, logical relationships to the didactic ground-forms) in terms of which he/she is going to unlock the theme for a child.

When a teacher wants to establish a lesson situation, it is necessary for him/her to be able to justify the aim which he/she will and must attain with the lesson. Therefore, he/she also must be able to account for the ways he/she plans the course of the lesson to be able to attain the aim stated in his/her lesson prospectus, i.e., how he/she is going to introduce the lesson, how he/she is going to unlock the new learning material, and how he/she is going to ascertain (control, verify, monitor) whether the children have mastered the learning material which he/she previously stated in his/her lesson plan as the lesson aim. He/she must be able to justify the ways he/she is going to give life to the didactic modalities, i.e., how the didactic principles, the child’s modes of learning and the implementation and use of teaching and learning aids are going to function in his lesson to attain the lesson aim.

Now the question is how are all these aspects integrated with each other and how must they be assembled into a lesson scheme or framework that is evident in a lesson write-up? To be able to answer this question it is necessary to briefly summarize the aspects of the lesson structure in a systematic context so that the scheme or
framework derived from them can serve as a basis for a lesson write-up that can reflect the essentials of the lesson structure.

3. THE ASPECTS OF A LESSON STRUCTURE

3.1 Teaching aim

Instruction in school is purposive. Thus, in each lesson there must be an aim. The aim is not referred to because it is only thinkable in the light of the essences of the learning material, and the insights a child must acquire. Consequently, the preference is to talk of a teaching aim as an overarching concept, under which a lesson aim, a learning aim and stating the lesson problem are subsumed.

When a teacher wants to unlock new contents for a child, he/she must carefully formulate the lesson aim he/she wants to attain by exposing the learning material. The theme which he/she has now elevated to a lesson aim is put in the work scheme. The themes which appear in the work scheme according to weeks, months and, in some cases, even according to days delimit the themes he/she must cover in a specific time. In its turn, the work scheme is derived from the curriculum. The insights, skills, knowledge structures, appreciations, etc. which appear in the work scheme as themes must be elaborated and restructured into a lesson aim by a teacher.

The theme which appears in a work scheme is merely an announcement. A teacher must elaborate this announcement into a lesson aim following didactic-pedagogic considerations and subject matter criteria. The lesson aim is what a teacher aims for, what he/she wants the children to attain. Such an aim is not necessarily motivating enough for a child to awaken and direct his/her achievement consciousness, simply because he/she does not know precisely where the teacher wants to lead the lesson. For this reason, a lesson aim needs to be presented in such a way (by means of stating the lesson problem) that a child experiences the meaningfulness of the theme and, accordingly, will want to learn the stated aim.
A learning aim appears from stating the problem—it is what a teacher expects a child to achieve and what he/she wants to achieve to solve the problem because, by means of the problem statement, he/she experiences the theme as meaningful. A precondition which makes formulating a lesson and learning aim possible is that a teacher has first reduced the learning material to its essences. The curriculum, syllabus and work scheme are all reductions of reality to essences. For a teacher, a work scheme is the first reduction because, in choosing and structuring the themes taken up in it, there already is a reduction, in the sense that this choosing and selecting announce the essences of the subject.

A teacher now reduces the theme further to its essentials, based on his/her knowledge of the subject matter: he/she strips the contents of everything superfluous and unnecessary, until only the elementals or essences remain. The essences of a theme are what a teacher will require a child to understand. While he/she is involved in reducing the contents to their essences, he/she takes note of a child’s relevant foreknowledge; a child’s readiness to be able to properly master the new contents; possible bottlenecks which can arise in his/her exposition of the contents, and the ways a child’s insights into the matter can be restructured to serve as a framework for insight into the new learning material.

From the above, it is seen there are close relationships among the lesson aim, the learning aim and reducing the contents to their essences. This amounts to a teacher interpreting the learning material in ways which are meaningful for a child’s existence. To interpret the learning material didactically and existentially, he/she must first reduce it to its essences. From this reduction, a teacher can appreciate and formulate the aim stated in his plan for a specific lesson, as well as the learning aim which he/she expects a child to attain as something meaningful to him/her.

Because a child’s learning intention and, thus, his/her achieving consciousness, is most effectively awakened, and directed by problems, a teacher must guide him/her in such a way that he/she eventually experiences the problem as his/her own. A child cannot accept such a problem as his/her own if the theme is merely announced—announcing a theme is not stating a problem. Thus, a
teacher is compelled, in introducing his/her lesson, to search for ways to allow a child to experience his/her inadequate insights, possessed knowledge, skills, etc. as deficient. Should he/she experience this deficiency, as well as that his/her knowledge of the theme is inadequate for him to solve the problem, this awareness of inadequacy is the motivation and incentive for solving the problem, provided the problem is meaningful to him/her. What a child wants to know to solve the problem is the learning aim.

Thus, stating the lesson and learning aims lead in natural ways to formulating and solving a problem. To eventually arrive at a meaningful problem solution, a teacher’s reduction of the learning material to its essences, and his/her knowledge of a child are preconditions. Thus, these aspects must necessarily be attended to in a teacher’s lesson preparation, and be evident in his/her lesson write-up. The way this can be done is exemplified later in the chapter.

3.2 The pedagogic-didactic imperative

The quality of a lesson is not only in the harmony a teacher establishes between form and contents. He/she must also structure his/her lesson so that it is didactically refined and pedagogically meaningful. Although the importance of the didactic ground-forms, the methodological principles, the principles for ordering the learning material and the didactic modalities are discussed at length in the previous chapter, and briefly indicated in this chapter, nevertheless, it is important to again indicate that a teacher must understand the individual character of each separately, as well as their reciprocal relationships to and mutual interdependencies on each other. Therefore, a teacher must bring these factors into a relationship with the demands made of him/her by the learning material and the child to be able to account for the specific type of lesson he/she creates. Although he must make room for and realize the didactic principles and criteria in his/her lesson structure, this does not mean that he/she must surrender his/her practice to so-called didactic “recipes”—his/her own lesson is essentially original because the children for whom he/she unlocks reality are always unique.
A teacher’s practical originality is equivalent to his/her ability to appraise a child in the specific didactic situation, and then, in accordance with his/her appraisal, create a didactic structure (grounded in didactic categories and corroborated by didactic criteria) by which he/she can better guarantee that his/her exposition improves a child’s relationship to reality. Even though there is no rigid lesson typology, still there are structural correspondences among the different lessons which give a lesson its character. In this sense, there are types of lessons, e.g., a demonstration lesson can be distinguished from an experimentation lesson, from an appreciation lesson, etc. The type of lesson a teacher states in his/her lesson plan must be thoroughly thought through in his/her planning, and be evident in his/her lesson write-up. The reason is that a type of lesson will have a specific emphasis, especially regarding the modes of learning of a child, the teaching and learning aids which are going to be used, as well as the teaching aim.

3.3 Actualizing foreknowledge

A teacher’s lesson aim is for a child to attain the learning aim during a lesson. Although this statement is patently obvious, nonetheless, it is fundamental in that a teacher must understand the factors underlying the attainment of the learning aim. A teacher must stimulate a child’s foreknowledge of a theme. This foreknowledge includes bringing into view knowledge, skills, experiences, insights, attitudes, dispositions, etc. of relevance to the theme. In this sense, foreknowledge is not limited only to cognitive (intellectual) mastery; it also implies a child’s experiences which are relevant to the theme.

In stimulating a child’s foreknowledge, a teacher is involved in helping him/her to consciously re-live his/her experiences and placing his/her foreknowledge in a new framework (the framework of the theme the teacher is going to unlock for him/her). In this way, it is possible to allow a child to experience the new theme as meaningful. During the lesson, a teacher is continually involved in placing a child’s foreknowledge in meaningful relationships, but in ways which lead him/her to experience a problem that is inherent to the new theme. A teacher accomplishes this because he/she
supports and guides him/her to seek answers or solutions to the problem (or question) with which he/she confronts a child. In this way, a teacher stimulates his/her foreknowledge in relation to the new knowledge which he/she experiences as a problem. Thus, a teacher evokes and directs a child’s previous insights, skills and knowledge structures so that he/she can solve a problem (answer a question).

Placing a child’s foreknowledge in a relationship with the new theme is a precondition and, thus, is necessary if a teacher is to reach a didactically “fruitful moment” in unlocking the new contents. In its turn, this fruitful moment is a precondition for the further unlocking of the new theme for a child. It underlies the possibility of attaining authentic learning results because, without it, a child, eventually, is unable to properly form concepts, understandings, etc. regarding the theme. The possibility of a fruitful moment is that a child, with the help and guidance of a teacher, can generalize and abstract the unlocked essences of reality (the contents).

That a child has acquired new concepts and insights does not mean that a teacher can now leave him/her to his/her own devices, or that his/her grasp of them will be lasting. Further, this acquisition does not imply that he/she is mobile or flexible with the theme—the requirement is that he/she must firm up such insights and concepts by exercising them. However, before a teacher can assure him/herself that a child has the essential insights into the theme at his disposal, he/she must actualize the lesson contents by controlling (verifying, monitoring) the essences of the theme’s structure. This control of the essences can be accomplished by arranging them into a logical scheme (schematizing them), by supporting a child to use his/her newly acquired concepts and insights; this use includes two forms of practice or exercise (namely, practicing to insights, which is especially important in acquiring activity structures, and practicing of insights*), and, finally, by evaluating his/her insights into the new knowledge structure.

* It seems that there is the following rough analogy: practicing of insight : reproductive thinking :: practicing to insight : productive thinking. (G.D.Y.)
The relationships among these matters are important aspects of a teacher’s preparation and must be evident in his/her lesson write-up.

3.4 Didactic principles and the phases of a lesson

If there is one thing which can be said of a lesson situation, it is that it is dynamic. Thus, in his/her lesson preparation, a teacher plans a dynamic course. It is for this reason that, in his/her planning, he/she must think about how he/she is going to let the dynamism of a lesson take its course, and how, by virtue of the pedagogic-didactic requirements, he/she is going to direct the lesson. That is, during a lesson, he/she must realize the different principles of actualization (activity, differentiation, individualization, socialization and tempo variation).

Further, in his/her preparation, he/she must be able to justify the principles of actualization to be used in each phase of a lesson to allow the phases to take their course. Therefore, he/she must be able to account for a relevant principle of actualization (or combination) during the lesson phases of actualizing foreknowledge, stating the problem, exposing the new contents, actualizing the new contents, functionalizing the contents, and evaluating insights. The relationships among the principles of actualization and the phases of a lesson are dependent on authentic learning effects, in the sense that a teacher must continually search for the most effective principles of actualization for a specific phase to guarantee the best learning results. For example, one thinks here of the necessity for implementing differentiation, as a principle of actualization, in an ordinary classroom situation because an individual child will not necessarily open him/herself to a teacher’s unlocking in precisely the same way as will a classmate.

In a heterogeneous class there must also be further differentiation (e.g., differentiation of assignments or tempo) to reach each child. Tempo variation is necessary in each lesson situation (and especially in each phase within a lesson). While stimulating foreknowledge, the tempo is faster than while exposing the new learning material. Activity is obvious in each lesson; if a child is not actively involved in the lesson event, he/she simply is not “present”.
These are not automatic matters, i.e., they do not “just happen”. A teacher must thoroughly plan them and write them into his/her lesson scheme.

3.5 The learning activity

The ways a child goes out to reality are not uniform, e.g., he/she can sense, perceive, or lived experience it. The ways he/she enters reality (the way he/she exists, enters reality out of him/herself) also are not uniformly or unambiguously describable. For example, the fact is a child does not just purely perceive; during his/her perceiving, he/she also experiences reality affectively. For this reason, his/her ways of relating to reality cannot be separated from each other; at most, we can distinguish them.

One of the most conspicuous characteristics of a child’s going out to reality is that it is a learning activity. Also, his/her modes (ways) of existing correspond to his/her modes of learning. It also is the case that, in a situation, amode of learning must be mobilized (e.g., thinking, perceiving, remembering, etc.) to enter reality, depending on the quality of the appeal reality directs to him/her.

Consequently, in a didactic situation, certain learning material will help determine which modes of learning will best offer a child access to that reality (i.e., contents). Correspondingly, it is a teacher’s responsibility to take into consideration in his/her planning the specific modes of learning which are going to be stimulated and directed during the different phases of a lesson. This mainly amounts to a teacher planning the stimulation and direction of different modes of learning (or combinations) for each separate phase of a lesson because these modes of learning will most effectively promote insight into the contents. In this respect, a teacher anticipates the ways a child can become properly involved with the contents.

The question which now is important for a teacher is: With respect to the learning material, what modes of learning, during the subsequent phases of the lesson, are most likely to result in authentic learning effects—during actualizing and stimulating the
relevant foreknowledge; during the joint reduction of the contents to essences in the lesson exposition; during unlocking the lesson contents and integrating the foreknowledge with the new structure of knowledge in order to promote restructuring, etc.

The synchronization of the most effective modes of learning with the phases of a lesson is of special importance for a teacher because the ultimate aim of a lesson is realized in a child’s learning activity. Consequently, this aspect of the lesson structure requires very careful preparation and planning, and must be evident to a teacher in his/her lesson write-up.

### 3.6 Teaching and learning aids

In a classroom, a teacher is primarily directed to allowing a child to become involved with reality. It is understandable that reality, as such, cannot merely be carried into a classroom situation. A possible solution to the problem of a reality which is absent from a classroom situation is to represent it by means of teaching and learning aids. In this respect, teaching aids are materials representative or symbolic of reality which a teacher uses to make reality accessible to a child, while learning aids are materials by which a child him/herself can acquire insight into reality, to the degree that the material (aid) represents it. A teacher handles and uses teaching aids and a child handles learning aids. Under teaching aids, we can mention, e.g., projectors of various kinds, wall maps, models, the chalkboard, and illustrations; learning aids include, among others, textbooks, models, representations, microscopes, and graphs.

The meaning of teaching and learning aids is never found in the aids themselves; a teacher must elevate an object (e.g., a model, a map) to a teaching or a learning aid. The implication is that he/she must decide when and how he/she is going to insert aids into a lesson, and for what specific aim he/she is going to use and allow the child to use them. It also is clear that this aspect must be thoroughly planned and attended to.

That there is a relationship between teaching and learning aids means that, in his/her lesson preparation, a teacher must also be
able to justify or account for his/her coordinating and synchronizing the teaching and learning aids with a child’s various modes of learning, his/her readiness and, especially his/her ability to integrate new knowledge, as well as the specific nature of the learning material which is going to be unlocked. This means that a teacher’s use of teaching and learning aids during the different phases of a lesson, where they also can be applied, also must be clearly justified. The uses and reasons for the teaching and learning aids must be discernible in a lesson write-up.

### 3.7 Controlling (verifying, monitoring)

All children in a classroom are not necessarily going to achieve a lesson and a learning aim as they should, at the same time, and on the same level. Hence, because of his/her knowledge of a child and of the children in his/her classroom, during his/her preparation of the contents (i.e., reducing them to their essences), a teacher must be alert to anticipate possible bottlenecks and problem areas which can arise in his/her unlocking them.

A child’s view of and insight into the learning material which a teacher has unlocked (the learning effect), and a teacher’s controlling (monitoring) his/her insight into the essence of the learning material indicate to him/her where a child has stagnated. Especially, it is in his/her didactic-pedagogic interpretation of the learning material that he/she anticipates possible bottlenecks and modifies his/her unlocking in such a way that these bottlenecks are anticipated in his/her exposition and, where possible, they are avoided. This act of modifying is always present while harmonizing form and contents.

In a classroom situation, the unlocking of the contents is modified according to the quality of a child’s immediate learning effect. For this reason, a teacher repeats, allows practice again, allows doing again, returns to previous insights, etc. if he/she cannot see the quality that he demands in the immediate learning effect. All of this takes time and, therefore, a teacher must provide for it in his/her preparation. However, when a teacher notices obstinate stagnating, and even derailment, he/she must provide orthodidactic (remedial) help for which he/she must also plan in his/her lesson preparation.
Essentially, lesson preparation is anticipating a didactic situation directed to an authentic encounter between a child and the learning material, i.e., where authentic learning is the dividend or result of a teacher’s unlocking reality. This encounter between a child and the learning material must culminate in an improved relationship with reality which, for a teacher, is evident in his/her improved involvement with the learning material. A child also must surpass (transcend) the immediacy of the learning material, which is carried by his/her admiration, and is evident in his/her life of values. These achievements are neither mechanical nor obvious—a teacher must prepare thoroughly for them. If his/her preparation is not evident in a lesson write-up, there is the danger that his/her preparation merely gets stuck in a line of thinking which cannot constitute or direct a didactic situation.

4. THE LESSON SCHEME

The discussions offered in this chapter are not meant only for a student teacher. These discussions offer a student an introduction to the essence of the practice of teaching but, for a practicing teacher, they can serve him/her to, once again, think through the grounds of his/her practice, and to stimulate a critical attitude toward his/her own practice. Each lesson ought to be a model lesson—this holds for both student teachers and practicing teachers (if here we seek an analogy with the medical profession, this means that each operation which a surgeon performs, by the nature of things, must be a model operation)—in the examples in a lesson write-up there is no distinction made between a model lesson and an “everyday bread-and-butter lesson”. The reason is that the same criteria which are valid for a student teacher’s write-up of a lesson for critique also are valid for a practicing teacher’s write-up because both must show clear evidence, against the background of pedagogic-didactic knowledge, that they can realize a harmony between the contents (subject knowledge) and the form of the lesson. Ultimately, a teacher’s only demand to be considered as a professional practitioner is the degree to which he/she can justify his/her practice. The evidence for his/her justification is in the write-up of his/her lesson preparation.
At the risk of repetition, it is stated once again that the following discussion should not in any sense be taken as a fixed pattern or recipe. It serves only as a guideline because it is expected that each student teacher and teacher will display his/her own originality and initiative in his/her unique teaching situation. Herein lies the possibility that their classroom practice will be dynamic and enthusiastic, and will not be based on a recipe, which will give it a second-hand and stiff character. Each teacher’s originality and initiative are the basis for his/her style of teaching, something which he/she must maintain at any cost, provided he/she can justify it.

The guideline offered here also is aimed at insuring that a lesson will not have a haphazard character. The lesson scheme requires that a student teacher (and teacher) be accountable for each phase of the course of a lesson. Also, a lesson scheme is arranged in such a way that a teacher must continually keep in mind the unique nature of the subject and a pupil’s readiness, to bring about a meaningful harmony between the form and the contents of a lesson.

As stated above, a teacher’s originality and initiative are evident in his/her style of teaching. This teaching style is also the result of his/her choice and implementation of the didactic principles, modes of learning, teaching aids, didactic ground-forms, methods of teaching, etc. After all, it is in these choices and their implementation that his/her individuality is most forcefully expressed. It is for this reason that observing a practicing teacher by a student teacher can only have limited value—the slavish imitation of an example, irrespective of how good it is, can only obstruct a student teacher’s latent style of teaching.

The scheme for a lesson write-up presented below is mainly a systematized and schematic rendering of the previous expositions of the lesson structure. A criterion applied to the scheme is that a teacher’s justifications for his/her choices are synoptically and concisely perceptible.

5. SCHEME FOR A LESSON WRITE-UP (LESSON PLAN)

5.1 LOCALIZING INFORMATION
5.1.1 **Grade level:** A teacher must know the level of the children who are going to be taught. The level of their readiness will be of decisive importance for a teacher’s pedagogic-didactic reflection and planning. This is also going to largely direct his/her planning. Under this heading the grade is simply mentioned, e.g., grade 4, grade 10.

5.1.2 **Subject:** Here the subject to be taught is listed along with its sub-divisions, e.g., geography (geomorphology), history (European); mathematics (quadratic equations).

5.1.3 **Time:** Because a teacher must deal with specific contents in a lesson or series of lessons, the duration of a lesson is very important. Here the duration of a lesson is written down, e.g., 35 minutes, 40 minutes.

A teacher must know precisely how much time he/she must unlock essences of the learning material. The greatest mistake of many student teachers in this connection is that they want to deal with too much material in a period. This problem originates in the fact that a student teacher has not reduced the theme to its essences and that his/her experience of the children’s learning tempo is not yet refined. If the limitations of the amount of time are not thoroughly considered in his/her planning, this results in disturbing the tempo of a lesson. This has the additional effect that a student teacher seldom will arrive at the phases of actualizing and functionalizing the new contents.

The amount of time available for a lesson forces a teacher to plan a time division among the different phases of the lesson, e.g., 10 minutes for stimulating foreknowledge and for stating and formulating the problem, 20 minutes for presenting the new contents, 10 minutes for controlling the quality of the insights into the new knowledge structure.

By the nature of the matter, a final pronouncement cannot be made here regarding the division of time among the different phases of a lesson. In the lower classes, where the learning material can be presented in one period, perhaps the above example of time division is valid. In the higher classes, especially at the senior secondary level, it often occurs that a period (or even two) is used
for actualizing the foreknowledge. Here, the practice is often to unlock a theme in a series of lessons over several periods. If a teacher does not bear in mind the time factor, his/her lesson shows a weak didactic structure, and it is loose and disconnected.

5.2 GROUPING

Children are divided into groups according to various criteria. It is important for a teacher to know if the children in his/her classroom are grouped homogeneously or heterogeneously because, by the nature of the matter, the grouping will influence his entire didactic performance.

It also is important for a teacher to know the criteria applied to the group, e.g., to form homogeneous classroom groups. Possible criteria or yardsticks that can be used are age, intellectual potentialities, choice of subject matter and interests. Because a teacher’s unlocking of the contents is for the benefit of each child, knowledge of the criteria for grouping is of importance to him/her. For example, if a class is heterogeneously constituted based on age, a teacher must be aware that he/she must make provision for much more differentiation and individualizing in his/her planning.

Under this heading, the grouping is merely named, e.g., homogeneously grouped according to intellectual potentialities; homogeneously grouped according to subject but heterogeneous with respect to intellectual potentialities and gender, etc. The various possibilities for grouping children in a class are great and is a factor that a teacher must thoroughly consider.

In the light of the changes brought about (in South Arica) by the new differentiated secondary teaching, especially in classroom organization, this aspect of a teacher’s planning is especially important. In most secondary schools the grouping of classes often is based only on a pupil’s choice of subject. Practice teaches that these classes often are heterogeneous with respect to pupils’ intellectual abilities.

5.3 THE Teaching AIM
5.3.1 The lesson aim
What a teacher aims for with the specific lesson is explained. The idea is not that a teacher merely transcribes the theme as it appears in the work scheme and presents it as his formulation of his/her lesson aim. The theme is only an aspect of a subject and must be integrated into the whole in subsequent lessons.

A teacher knows how his/her pupils have progressed with the theme in a series of lessons, and he/she also knows what successive insights are going to be required of his/her teaching. In addition, he/she knows how the specific lesson theme fits into the whole of the subject.

A teacher must interpret a theme in such a way that it is possible to integrate the foreknowledge of the theme with the succeeding work. For example, a syllabus for 11th grade history includes “The Industrial Revolution”. This theme fits into the Napoleonic Wars and the colonization movement of Australia and Africa. It makes little sense to a pupil to announce “the industrial revolution” as the lesson aim. Since it is impossible to try to unlock or present the entire industrial revolution in one period, this theme must be differentiated into themes for some lessons which form a series, such as the inventions which preceded the Industrial Revolution, the social structure, especially in England, during the Industrial Revolution, its consequences, with special emphasis on its social-societal and social-economic impact, etc.

As necessary and chronological aspects of the whole, a teacher can transform each of these themes into lesson aims. His/her purpose is that his/her pupils must acquire insight into the essential structure of a theme because without this insight they cannot progress with the theme. A careful and precise description of the lesson aim also has the advantage that a teacher knows precisely what he is going to look for in evaluating the pupils’ insights. At the same time, this provides him/her with the basis for structuring his/her unlocking so that the essences of the learning material and their necessary relationships are effectively made evident to the pupils.

The formulation of a lesson aim is one of the most important steps in reducing the learning material to its essences. Because a teacher
first decides on a lesson aim, i.e., he/she must first delimit and refine the theme, he/she is able to look for examples by which he/she can realize his/her lesson aim. (This also holds for formulating a learning aim). The choice of a specific example by a teacher once again forces him/her to reduce the learning material and to look at what degree the example is the best fit for the specific situation, the structure and complexity of the learning material and the level of readiness of the specific pupils. Later, reducing the learning material is dealt with more fully, but nevertheless it is already necessary in the formulation of a lesson aim to indicate that reduction is a precondition for good planning.

A lesson aim must be formulated concisely and powerfully, but also accurately, e.g., the story of the poem “Barefoot-sounds” by I. D. du Plessis; the power of a true faith in Christ as this arises in the purification of the lepers, etc. In these two examples the unlocking of the contents are going to be directed at the story in the first case and to the power of a true faith in Christ in the other.

5.3.2 The learning aim

Just as announcing a lesson theme in the work scheme cannot be a lesson aim, the lesson aim equally cannot be a learning aim for a child. This aspect of everyday practice is often neglected at the cost of the children. Too often a teacher merely announces, “Today we are going to deal with the poem ‘Barefoot-sounds’ by I. D. du Plessis” or “Today we are going to consider the inventions that had led to the industrial revolution” or “Today we are going to calculate areas”.

The task of a learning aim is to appeal to and direct a pupils’ consciousness to achieve. Announcing a lesson aim cannot accomplish this. Such an announcement cannot ensure that a pupil is going to exert himself to master the lesson theme. A learning aim indicates what a pupil must achieve. It involves insight into the concepts that allow the essences of the theme to be meaningful to a pupil. Hence, now, a teacher must make a choice of one or more good examples by which the delimited essences (as summarized in the lesson aim) can be made available to the pupil.
In the geography curriculum for the secondary school, pupils are expected to acquire insight into the different climatic regions of the world. These regions are simply named, e.g., the equatorial, savannah, warm desert, Mediterranean. Each of these regions is a separate lesson theme and can be formulated as a lesson aim. If a teacher handles the winter rainfall (Mediterranean) region and expects that the pupils merely will acquire insight into the connections among factors such as geomorphology, location, prevailing winds, ocean currents, etc. and the ways these connections of factors crystallize into a specific climate region by unlocking the concept “winter rainfall region”, the learning effect of his pupils will be disappointing. In this case, a teacher is compelled to choose, e.g., the Southwest Cape region as an example for penetrating and unlocking the essences of this climate region that is caused by the coherence of the various climatological factors. Here the learning aim ought to be “the factors that cause the winter rainfall region” because the teacher wants his/her pupils to acquire insight into “the factors that cause” so they understand the term “winter rainfall region” and can deal with it insightfully.

This means a teacher must ask him/herself, “What precisely are the concepts the pupils must possess to be able to understand the theme?” The answer to this question is the learning aim. As in the case of the lesson aim, the learning aim must be concisely and accurately formulated, e.g., “the factors that underlie the winter rainfall region”.

5.3.3 Stating the problem

5.3.3.1 Formulating the problem
The mere announcement of a problem does not in any way mean that it is a problem for the pupils. Experience and science (psychopedagogics) indicate that a child’s achieving consciousness is stimulated and directed by a problem. Thus, a teacher is compelled, by meaningfully linking up with a pupil’s foreknowledge, to lead and guide him/her to his/her own formulation of the problem. This matter is explained in more detail later. Nevertheless, it is necessary once again to indicate that only when a child experiences shortcomings in his/her own structure of
knowledge in the light of the lesson problem, will he/she accept responsibility for solving the problem.

A task for a teacher is to lead him/her to formulate the problem for him/herself and take responsibility for solving it. He/she must indicate to a pupil that his/her foreknowledge is inadequate to solve the specific problem. Thus, for a child, solving the problem is aimed at overcoming his/her own deficiencies in knowledge, insights, actions, etc. A child’s wanting to eliminate his/her deficiencies in knowing, etc. is his/her motivation to eventually attain the learning aim as well as the basis for his/her motivation to want to learn.

It is important that the problem appear clearly somewhere for the child. The reason is that a pupil must be continually aware of precisely where the lesson is headed. For example, it doesn’t help for a teacher to merely write the learning aim “the factors that cause the winter rainfall region” on the blackboard. Here, a teacher must lead his/her pupils in such a way that they become aware that their knowledge of the connections among the climatological factors is inadequate to be able to answer the question “what are the connections among the climatological factors underlying the winter rainfall region?” A teacher leads the children to ask this question themselves by linking up with their foreknowledge of, e.g., temperature, temperature change, prevailing winds, precipitation, humidity, air pressure, degree of latitude, ocean currents, etc.

Under this heading, the lesson problem is formulated clearly but accurately: “What are the connections among the climatological factors underlying the winter rainfall region?”

5.3.3.2 Solving the problem
A teacher’s unlocking of the essences of the contents in terms of a chosen example or examples provides the possibility that the essential insights, refined concept forming, coherent meanings, good solution methods and manipulation schemes become understandable to a child. This aspect of the lesson is planned as a chalkboard scheme, and it appears in the lesson write-up under this heading.
In preparing a lesson, a teacher has reduced the contents to their essences and systematized them in his/her lesson write-up. This systematization merely provides points of orientation to allow the lesson situation to progress; in the actual lesson, he/she allows the pupils to participate effectively and actively, in that now he/she, together with the pupils, reduces the learning material. This means that the pupils must experience the coherence of his/her reduction and, to be able to do that, they must reduce the material themselves. The purpose of the reduction that systematically becomes evident in the chalkboard scheme is precisely to help the children reduce the material themselves. A teacher's reduction helps them to create order out of chaos; without this reduction, they cannot acquire any logical overview of the essences and, therefore, they cannot learn with insight.

Writing down the board scheme in his/her lesson write-up has a four-fold benefit for a teacher: first, it assures that he/she has included all the essences in his/her exposition; second, it assures him/her that the relationships among the essences will be logical and meaningful to his/her pupils; third, it forces him/her to make sure that the structure and coherence of the essences will gradually and systematically lead to a solution to the lesson problem; and fourth, it allows him/her to become aware of possible bottlenecks and problem areas which can arise and which must be avoided by means of branching or repeating his/her exposition. Thus, planning a board scheme is extremely important to a teacher because it assures him/her, to a high degree, that his unlocking can achieve the anticipated learning effect.

5.4 THE LESSON STRUCTURE

Apart from planning the contents of his/her lesson, which were discussed with respect to the teaching aim, the lesson aim, the learning aim, formulating and solving the lesson problem, a teacher must also be able to justify his/her choices which will give form to his/her lesson.

The form given to a teacher’s lesson depends on the relationships among his/her choices of the didactic ground-forms, methodological principles, principles for ordering the learning material and the
methods of unlocking or presenting the contents. A teacher must also plan the didactic modalities for each phase of his/her lesson because they allow his/her lesson plan to be mobilized.

5.4.1 Form of the lesson

5.4.1.1 Choice of the ground-form(s)

In accordance with the unique nature of the learning material and the readiness of the pupils, a teacher chooses a ground-form or combination of ground-forms in which the contents can be cast so that they are presented most effectively. Thus, the choices of ground-forms are closely related to the lesson aim.

A teacher chooses from the four possible ground-forms—play, conversation, example and assignment—the specific form(s) which gives his/her lesson the most favorable form for achieving his/her lesson aim.

5.4.1.2 Choice of methodological principle(s)

In this context, methodological principle means the way which is to be followed to present the contents from the beginning of a lesson through its course. The methodological principles are mainly the inductive or deductive principle. In certain lesson situations, a combination of the two can be used, e.g., there can be a working through from the inductive to the deductive and the reverse.

The choice of methodological principle will largely depend on the level of readiness of the pupils and the nature and complexity of the learning material. The methodological principle or combination of the two, and the order in which they will be used, are simply indicated under this heading.

5.4.1.3 Choice of principles for ordering (arranging) the learning material

The ways a teacher is going to arrange the learning material is indicated under this heading. He/she chooses a principle (or combination of principles) of ordering the learning material which will reflect the unique nature of the contents and match a child’s level of readiness. He/she chooses from among the symbiotic, the
progressive, the linear, the concentric, the chronological, the divergent and the spiral principles (or some combination) which will make available and synoptically present the essences of the learning material to his/her pupils in the lesson situation in the best and most effective ways.

Planning the form of a lesson usually proceeds in this sequence: choice of didactic ground-form; methodological principle; and principle of ordering the learning material. However, the lesson and learning aim, the unique nature and structure of the contents and the readiness of the pupils also must be considered. These three factors must be considered each time there are choices which determine the form a lesson will take.

Further, in the light of a teacher's choice of ground-form, methodological principle and principle of ordering, he/she can now deduce from these choices the most effective ways or methods of presenting the contents in the classroom.

5.4.1.4 Method(s) of presenting (unlocking) the contents
Under this heading, a teacher must give a brief explanation of the anticipated method or methods expected to crystallize out of his/her previous decisions. It is understandable that his/her choice of didactic ground-form(s) and their logical methodological possibilities will guide a teacher in his/her choice of methods of presentation, that the methodological principle(s) chosen will have an influence on his/her choice of a method and that the principle(s) of ordering the learning material are equally important in choosing a method of unlocking or presenting the contents.

It is also important for a teacher to keep in mind that the methods of presentation often change during the phases of a lesson. For this reason, use is often made of various methods during the various phases of a lesson. For example, during actualizing foreknowledge the question-and-answer method, or the class discussion is used; during stating the problem, a combination of the question-and-answer method and narrating (lecturing) as a method is meaningfully implemented; while unlocking the new contents, a combination of the methods of narrating and demonstrating, or the
method of experimenting present the essences of the contents, etc. for the other phases of a lesson.

5.4.2 The course (phases) of a lesson and the didactic modalities
A teacher’s planning must be brought into motion in a lesson, and it is the function of the didactic modalities to do this. The movement which is accomplished by the didactic modalities is observable during lesson. In its turn, the course of a lesson is differentiated into different phases. Thus, it is necessary to plan the didactic modalities anew for each phase of the lesson. For this reason, the course of a lesson and the didactic modalities are viewed as a unity in writing up the lesson plan. In the usual course of a lesson, six phases are differentiated: actualizing foreknowledge; stating the problem; exposing or unlocking the new contents; actualizing (controlling, monitoring) the new lesson contents; functionalizing (applying, transferring); and testing (evaluating).

The didactic modalities are the combined effects of the didactic principles, modes of learning and teaching/learning aids. The choice of a didactic principle (activity, differentiation, individualization, socialization and tempo variation) is a determinant of the teaching effect striven for. For this reason, the choice of a didactic principle is closely related to the lesson aim. To try to provide more certainty to the learning event, there must be an additional working through the didactic principles to a delimiting of one or more planned modes of learning. The teaching effect can be promoted by a responsible use of aids such as different real objects, models, slide projectors, tape recorders and films.

The nature and complexity of the learning material and the readiness of the pupils offer a variety of choices of didactic principles, modes of learning and teaching/learning aids. The discussions of the phases of a lesson which follow are merely examples and, hence, are not the only possibilities.

5.4.2.1 Actualizing foreknowledge
During this phase of a lesson, the pupils are led to call into awareness their relevant foreknowledge of the matter under consideration. A teacher helps a child search for meaningful connections between his/her foreknowledge and the new
knowledge, to ensure that he/she attributes meaning to it—a child must experience the new theme as meaningful.

Now, in the lesson write-up a teacher must explain how he/she is going to call up the pupils’ foreknowledge, e.g., by asking questions about already acquired insights, by leading a class discussion of the work already dealt with, or by letting the pupils talk about their own experiences.

**Didactic principle(s):** Here a teacher must explain which of the didactic principles (i.e., activity, differentiation, individualization, socialization and tempo variation) are going to be more prominent in this phase of the lesson, e.g., activity and tempo variation. Each pupil must be actively involved in recalling and implementing his/her foreknowledge. However, because this involves familiar insights, the tempo can be considerably faster than when exposing or unlocking the new contents. Thus, under this heading a teacher writes: activity and quick tempo.

**Mode(s) of learning:** It is usually the case that remembering is the most prominent or important mode of learning in this lesson phase. Because, in most subjects this involves remembering previous insights, in the sense that they are not merely recalled, but rather these mastered insights must be placed in a new framework, which requires thinking, a teacher can write down both remembering and thinking.

**Teaching and learning aids:** The task of teaching and learning aids in this phase is to call up previous insights and hidden knowledge as quickly and effectively as possible. Teaching and learning aids which can be effectively used here are, e.g., a quick chalkboard scheme, a print or illustration, a graph, or a scheme.

**5.4.2.2 Stating the problem**

During this phase of a lesson, the foreknowledge (hidden insights) is recalled and placed in a new relationship which contains a problem for a pupil. Under this heading, a teacher clarifies how he/she is going to lead a pupil from what he/she knows to noticing the problem in the new contents by leading him/her to experience the inadequacy of his/her insights. This phase requires careful planning because the lesson progresses or falls flat to the extent that a pupil is motivated by the problem to attain the learning aim.
**Didactic principle(s):** The activity of each pupil is essential in this phase of a lesson. During this phase a teacher must keep in mind the pupils’ individual differences so that individualization can occur. Usually, during this phase, the lesson tempo decreases because a teacher must be sure that each pupil accepts the lesson problem as his/her own problem. Accordingly, under this heading, a teacher indicates: activity, individualization and a slow lesson tempo.

**Mode(s) of learning:** In this lesson phase, the problem places the acquired insights in a new relationship or structure. For this reason, thinking, as a mode of learning, will be of importance. Here a pupil’s perceiving is not yet differentiated or clearly directed, but his/her sensing is stimulated. Thus, under this heading, a teacher writes down thinking and sensing.

**Teaching and learning aids:** Because stating the problem involves stimulating foreknowledge and questioning it from within a new structure, aids are chosen which call forth previous knowledge again as representations, such as slide projectors, films, prints, diagrams, graphs, tables and schemes.

These aids are usually very effective because they once again represent to a pupil his/her foreknowledge. It often happens in teaching that these teaching and learning aids are the point of departure for a lesson. By using aids which stimulate a pupil’s sensing (e.g., teaching aids which represent the structure, form, order, etc. of a matter as a total or global image), a pupil questions his/her own knowledge. Here, one thinks of a print, a representation, a moving or colored model, etc. Under this heading, a teacher simply writes down the different teaching and learning aids he/she is going to use during this lesson phase, as well as their sequences, e.g., graphs and tables and then a scheme.

5.4.2.3 **Exposing (unlocking) the new contents**
Here, an explanation is given of the course of unlocking the new contents. A teacher must clarify how he/she is going to make the essences of the learning material evident, or bring them to the surface. In addition, he/she must be able to justify how he/she is going to put these essences in a logical relationship, and how they (as they appear, e.g., on a chalkboard as a scheme) gradually make a solution to the problem evident.
In unlocking the new contents, a teacher continually reaches back to his/her pupils’ foreknowledge to make his/her exposition more meaningful to them. Thus, it is almost a matter of course that, during this phase, use is made of the question-and-answer method, the class discussion, the learning discussion, etc. Because of the nature of unlocking new contents, a teacher continually directs his/her pupils’ perceiving to the essences of the learning material. During this phase, their active involvement is necessary, and this gives this phase its dynamic character.

During unlocking the new contents, concept formation is primarily what occurs. Under this heading, the concepts to which the lesson aim is directed are named. The order and relationship of the concepts are equally important and, for this reason, they should also be written down. The explanation provided under this heading differs from a board scheme, in that the board scheme makes the sequential (i.e., chronological) and essential (i.e., structural) aspects of the theme evident, while the concepts used to unlock the new contents are the contents of the lesson aim.

The didactic modalities also must be fully planned and worked out for this phase of the lesson.

**Didactic principle(s):** Above, the activity of each child in this phase of a lesson is emphasized. If a child is not continually actively and meaningfully involved in this phase, the insights to which it is directed cannot be guaranteed for a child. In addition to activity as a principle, during this phase, the lesson tempo will be slightly slower; the pupil, together with the teacher, reduces the learning material to their essences and grasp the relations between them. During this phase, with respect to the tempo, a teacher allows him/herself to be guided by the quality of the immediate learning effect. To determine and elevate the quality of his/her learning effect, a teacher will individualize, especially by means of individually directed questions, and by eliciting commentary from the pupils. Under this heading, a teacher writes, e.g., activity, slower tempo and individualization.

**Mode(s) of learning:** In this phase, insight into the concepts central to the new contents is essential. Therefore, a teacher will actualize
those modes of learning most appropriate for and applicable to
gaining insight into the concepts. For example, in an explicatory
lesson, thinking and perceiving will be central: perceiving, to
establish a point of focus, and thinking, to order the point of focus
into a profile or relief (e.g., of similarities and differences). Here a
teacher simply writes down perceiving and thinking.

**Teaching and learning aids:** As in each of the other phases, the basis
for choosing a teaching and learning aid is the nature of the
learning material (e.g., is it meaningful to try to present specific
concepts visually?), the level of a child (e.g., will this child
understand an abstract scheme of a course of action?), and the
modes of learning (e.g., which teaching and learning aids can direct
perceiving and actualize thinking with respect to the essences of the
learning material?).

During this phase, the teaching and learning aids ought to provide a
pupil with the opportunity to use them according to his/her own
needs and tempo (e.g., a real object, a model, an apparatus).
Because thinking during this phase is implemented on a more
reproductive level, aids should be used which call up
representations of already acquired knowledge (e.g., slide
projectors, films, diagrams, graphs, tables, schemes).
Under this heading, a teacher writes, e.g., a model of ...,.experimental apparatus for a ... experiment, prints of ..., graphs
of ..., tables of ...

5.4.2.4 **Actualizing (controlling) the lesson contents**
Here, the concern is with pupils’ control of their insight of the
essences. In other words, this deals with the control of the
immediate learning effect. Under this heading, a teacher explains
how he/she is going to determine whether the pupils have gasped
the essences of the learning material, e.g., by intermittent
questioning during the unlocking, while gradually completing a
prepared part of a whole, etc. During this lesson phase, a pupil
should be given the opportunity to use and handle his/her new
insights him/herself.

The nature of some learning material (e.g., mathematics, arithmetic,
natural science) is such that the essential concepts and activity
structures can only be penetrated to real insight if a pupil practices
(uses) the essences, until insight breaks through. Under this heading, a teacher must show the different practice examples by which the insight can break through.

During this phase, a pupil must be able to schematize his/her newly acquired insights, i.e., place them in a synoptic scheme with his/her foreknowledge. This scheme must include the essences of the learning material, as well as the relationships among them. Naming the new insights is also important here—the unambiguous description, articulation, etc. expressed in language requires a pupil to engage in productive thinking (in contrast to reproductive thinking). This entire phase is focused on stimulating and directing productive thinking. The schemes and names to which the entire exposition has led must be explained here.

**Didactic principle(s):** Individual insight into the essences of the learning material distinguishes this lesson phase from the others. Consequently, individualization is an important didactic principle. During this phase, a teacher’s guided tempo usually shifts to the background, and the individual tempo of each pupil is stressed. Hence, for this phase, a slow or fast tempo is not planned. Although activity is obvious in each lesson phase, it is especially important during this phase because a pupil actually (really) must place the essences of the learning material within his/her own horizon of knowledge—this requires whole-hearted activity from a child. During this phase, differentiation of the contents is not yet prominent because all the pupils must understand the same essences.

Under this heading, a teacher writes: individualization and activity.

**Mode(s) of learning:** Since the concern here is to firm up the insights, in the sense that each pupil must assimilate them him/herself, thinking (especially productive thinking) is particularly important. Often, a teacher lets the pupils struggle with the problem on their own and, in this way discover shortcomings in their own field of experience. However, it is not desirable for a teacher to abandon them to their own fate during this phase. Usually, he/she helps each child individually by providing supplementary knowledge and skills. Each time a teacher provides help to an individual child, he/she demands that he/she return to the matter and look for better insight.
Here, aids only give direction in finding possible ways to solve the problem. Thus, they give impetus to thinking or, when a pupil digresses from a method of solution, again they correct the direction of his/her thinking and, in this way, serve as controlling aids. Here, a teacher simply writes: productive thinking.

**Teaching and learning aids:** General aids are not of much importance here. Aids are chosen and implemented which correspond to each pupil’s needs and difficulties. Although here the matter takes an individual course, nevertheless, a teacher must anticipate these difficulties and make sure he/she has enough suitable aids on hand. Such aids are listed under this heading.

**5.4.2.5 Functionalizing**

This phase of a lesson is directed to firming up and making functional (useable) the insights the pupils have acquired during the phase “exposing the new contents”. Hence, a pupil must be able to use the insights in similar problem areas with understanding. In this phase, practicing insights often is called for. This can be seen most clearly where the sequence of work is firmed up in selected practices, e.g., in mathematics and arithmetic. Such practices are explained under this heading.

The new insights must be integrated with the foreknowledge before they can be used functionally (brought into function, functionalized). Integrating the new with existing knowledge demands specific preparation and reflection by a teacher. This is true for all learning material, but because of the multiplicity of the so-called human sciences (language, history, etc.), the problem of integrating the new is more difficult, e.g., in exposing or presenting the reasons for the settlers of 1820 coming to the Cape of Good Hope, teacher and pupils eventually must integrate this historical event with the Napoleonic Wars and the Industrial Revolution. At the same time, the cultural and, especially the constitutional history of the Cape after 1820 are suggested, and put in perspective. The integration of new insights with existing ones is explained under this heading.

Functionalizing really implies that a pupil must be able to apply the new insights. The form in which this application can be observed must be carefully planned and considered, and then explained under this heading; for example, application exercises of similar
problems, working out one or more related examples, firming up the concept in a pupil’s own composition or poem.

**Didactic principle(s):** Besides the central significance of activity, because each pupil must actively exercise insights, these insights must be integrated and eventually applied, there is mention of a differentiation of learning material because a teacher changes the forms of exercise and application according to each pupil’s potentialities. There is also individualization. Once again, the lesson tempo cannot be planned beforehand because each pupil will exercise, integrate and apply his/her insights according to his/her own tempo. Here a teacher simply writes: activity, differentiation and individualization.

**Mode(s) of learning:** During this phase, productive thinking and remembering are particularly important. The pupil has the task of restructuring his/her already acquired insights so that they can be integrated and used; in addition, he/she must rely on his/her memory to apply them (behave with insight). It is necessary to indicate, once again, that the nature of the learning material, the pupil’s level of readiness and the type of lesson will determine which mode(s) of learning must be stimulated and directed during this lesson phase. In an ordinary explicatory lesson, productive thinking and remembering will be listed under this heading.

**Teaching and learning aids:** In addition to direction-giving aids, which can encourage thinking, in this phase, it is important that aids also be used to monitor (control) whether the pupils’ insights into the new knowledge are at the level expected. To ascertain this, a diagram or scheme (without words) can be used for a quick and effective review. Here a tape recorder or a program also is useful.

Each individual pupil must be given the opportunity to exercise and apply the new insights. For this aim, a chalkboard, unrolled sheets of paper, textbooks, an overhead projector, etc. can be used. Since insight into the essentials of the concept have already broken through, the aids will remain directed only at exercising the insight in new situations. For this reason, as many new problems and possibilities of application as are feasible must be shown such as, e.g., field trips, exhibits and films. Here the specific teaching and learning aids are written out.

**5.4.2.6 Testing (evaluating)**
After the end of a lesson or series of lessons, a teacher must test the proficiency of the pupils’ insight into and understanding of the essences of the learning material, or evaluate their thinking, creativity, activities and experiences about the matter.

Testing and evaluating are always necessary and, therefore, a teacher must make provision for them in preparing his/her lesson. This aspect of a lesson is orienting for both teacher and pupil. By testing and evaluating, the pupils’ insight into the essence of the learning material, he/she determines their readiness to progress further in the subject. At the same time, he/she takes note of the quality (in the sense of effective or authentic learning results by the pupils) of his/her own unlocking of the contents. By testing and evaluating, he/she also can ascertain which pupils have a need for remedial help, and similarly he/she can avoid bottlenecks in a remedial program.

For a child, testing and evaluating are orienting in that a teacher affirms for him/her that his/her knowledge is satisfactory or unsatisfactory, that he/she has or has not reached the expected level of achievement, that he/she is unable to deal with the essences of the learning material, that he/she has certain problem areas, etc.

It is self-evident that a teacher must prepare the form and contents of his/her testing and evaluating with thoroughness. He/she must know precisely what he/she is going to test and evaluate. The test must be constructed in such a way that he/she can be sure that it reflects the quality of the pupils’ insight into and handling of the essences of the learning material. The form the test is going to take also deserves special attention. For example, is he/she going to test by having the pupils fill in or complete a list of questions, by an essay, by a dictation-exercise, by systematically explaining contents, by a qualitative analysis of a pupil’s own constructed object? Under this heading, a teacher provides a complete explanation of both the form and contents of his/her testing and evaluating of insights.

**Didactic principle(s):** During this phase, self-activity and tempo variation are very important. A pupil must be given responsibility for the quality of his/her insights into the essences of the new learning material. In this context, responsibility is nothing other
than self-activity; a pupil brings his/her insights into motion, he/she mobilizes and directs them to solve related problems.

Assignment, as a didactic ground-form, is at the foundation of testing and evaluating, in the sense that a teacher gives the pupils an assignment to solve problems by means of their insights, to make applications, to search for specific relationships, to draw conclusions, etc. A teacher differentiates the assignments according to his/her knowledge of an individual pupil’s potentialities; for example, he/she gives simpler assignments to slower or weaker pupils, and for the stronger pupils, he/she gives assignments which require more of them with respect to depth and breadth. In this way, there is differentiation and individualization.

The nature of the learning material and the form of testing and evaluating determine whether a teacher sets a minimum time limit and whether the pupils are going to follow their own tempo in carrying out the assignments. Under this heading, a teacher writes, e.g., self-activity, differentiation, and fixed tempo.

**Mode(s) of learning:** During this phase, a special appeal is directed to a pupil’s memory and productive thinking. In this phase, he/she must recall his/her insights into the essences of the learning material, and place, order and integrate them in a related problem area, and find relationships to be able to properly carry out the assignment. This requires productive thinking which, didactically speaking, provides the means for attaining the didactic-pedagogic aim through unlocking reality independently and responsibly. Under this heading, a teacher writes, e.g., remembering and productive thinking.

**Teaching and learning aids:** Because the concern during this phase is with testing and evaluating a pupil’s insight, skills, knowledge, etc., teaching aids will be used which correspond to the unique nature of the subject matter such as tasks, projects, completing or filling in a list of questions. Here a teacher simply writes, e.g., task, project, etc.

6. **SUMMARY: SCHEME FOR WRITING UP A LESSON (PLAN)**
The above discussion is summarized in the following synoptic scheme:

**Localizing information:**
  - Grade:
  - Subject matter:
  - Time:
  - Grouping:

**The teaching aim:**
  - The lesson aim:
  - The learning aim:
  - Stating the problem:
    - Formulating the problem:
    - Solving the problem:

**The lesson structure:**
  - Form of the lesson:
    - Choice of ground-form(s):
    - Choice of methodological principle(s):
    - Choice of principle(s) of ordering the learning material:
    - Choice of method(s) of unlocking (teaching):

**The course (phases) of a lesson and the didactic modalities:**
  - Actualizing foreknowledge:
    - Didactic principle(s):
    - Mode(s) of learning:
    - Teaching and learning aids:
  - Stating the problem:
    - Didactic principle(s):
    - Mode(s) of learning:
    - Teaching and learning aids:
  - Unlocking the new contents:
    - Didactic principle(s):
    - Mode(s) of learning:
    - Teaching and learning aids:
  - Actualizing (controlling) the new lesson contents:
    - Didactic principle(s):
    - Mode(s) of learning:
    - Teaching and learning aids:
APPENDIX*

SOME EXAMPLES OF LESSON WRITE-UPS

The aim of these examples is not to present a "model" to be slavishly followed. Indeed, the examples are not the only ways the themes can be unlocked or presented. The fact is, each teacher, in unlocking reality reveals his/her own teaching style in his/her teaching activities.

A teaching model only makes sense if a teacher can gauge its basis and boundary, i.e., if he/she can interpret it in accordance with the didactic-pedagogic context underlying the structure of the model. In a didactic sense, this claim holds for all so-called "models" (models, teaching models, learning models, etc.) because, if the "model" does not contain the didactic essentials, it is not really a model of teaching.

What is offered are merely examples of how individual teachers plan to unlock specific content to attain a specific teaching aim.

FIRST EXAMPLE:

Localizing information:
Grade level: 8th grade.
Subject: Geography (introduction to map work).
Time: 35 minutes.

Grouping:
Homogeneous with respect to age and intellectual potentialities, but heterogeneous regarding gender.

The teaching aim:

The lesson aim: To unlock or present the concept "direction," and to firm up its description.

The learning aim: To provide an answer to the question, "What is direction, and how can one describe it?"

Stating the problem:

Formulating the problem: The learners are led, via the lesson phases actualizing foreknowledge and stating the problem, to pose to themselves the problem, "What is direction, and how can one name or describe it?" This problem is written on the left side of the chalkboard.

Solving the problem: During the lesson phase of exposing the new content, the following board scheme is presented gradually:

1. (a) The sun rises in the EAST.
   (b) The sun sets in the WEST.
2. Direction is determined by the sun.
3. NORTH is where the sun is at 12:00 (noon) in the Southern Hemisphere.
4. SOUTH is where the sun is at 12:00 (noon) in the Northern Hemisphere.
5. South is in the opposite direction from NORTH.
6. At night, direction is determined by the stars.
   (a) Southern Cross in the Southern Hemisphere.
   (b) Polar star in the Northern Hemisphere.
7. Direction also is determined by a MAGNETIC COMPASS.
8. Direction is described by N, S, E and W.
9. Between two directions, there also is a direction
   N and E: NE
   N and W: NW
   S and E: SE
   S and W: SW
10. Direction is a description of the position of one place with respect to another place on the earth's surface.
11. Direction is described by a compass card as N, S, E and W
and points between.

The lesson structure:
Form of the lesson:
   Choice of ground-form(s): discussion, example and assignment.
   Choice of methodological principle: inductive.
   Choice of principles of ordering the learning material: symbiotic and progressive.
   Methods of unlocking (teaching): During actualizing foreknowledge, the question-and-answer method prevails. During stating the problem, narrating alternating with question-and-answer are the prevailing methods. During exposing the content, narrating alternating with demonstrating prevail. During actualizing the lesson content, learning discussion alternating with free activity prevail. During functionalizing, the primary method is drill. During testing, the methods used primarily are question-and-answer alternating with the textbook.

The course (phases) of the lesson and didactic modalities:
Actualizing foreknowledge:
The pupils are led by the following questions to actualize their foreknowledge of direction: Where is your house in relation to the school? Where is the City Hall, church, station, etc. in relation to the school? What way must you travel to arrive in Durban, Cape Town, Windhook, etc.? (In each case the pupil must show where the place is, the direction, by pointing).

These questions give the pupils the opportunity to recall their own knowledge of the relationship between one place and another.

   Didactic principles: activity, individualization (questions are directed to individual pupils), fast tempo.
   Modes of learning: mainly remembering alternating with reproductive thinking and perceiving.
**Teaching and learning aids:** the actual City Hall and church spire (which are visible from the classroom). A large aerial photo of the city.

**Stating the problem:**
By explaining and questioning, "You have all shown where your house, etc. is, but what have you really shown?", the pupils are guided to answer the question with the word "direction". The question is now stated in terms of the possibility of accurately showing direction when one cannot do so by gestures, e.g., by means of the following questions:

1. How would you write to someone where a place is in relation to where you live?
2. How can a ship in difficulty describe over the radio where it is?

Now the pupils are guided to conclude that the names of direction must have a shared meaning. It is now advisable that the lesson problem, "what is direction, and how can one name it?" be written on the chalkboard.

**Didactic principles:** activity, individualization, slower tempo.  
**Modes of learning:** mainly reproductive and productive thinking and remembering.  
**Teaching and learning aids:** none.

**Unlocking the new contents:**
By means of questions and narrating, the following facts are established:

1. The sun rises in the EAST.  
2. The sun sets in the WEST.  
3. Direction is determined by the sun.

Each time, the pupils must indicate where EAST and WEST are. Maps on the wall with E and W in the correct places are introduced. Also, a map is placed on the floor and an East-West line is drawn through it.
The pupils now are led by the question "Can we also determine the other directions by means of the sun?" to a discussion of methods for determining NORTH with a compass, with a stick in the ground and its shadow, and with a watch. NORTH and SOUTH are indicated, and the NORTH-SOUTH line is affixed to the map on the floor as are the letters N and S to the map on the wall.

The pupils are questioned about how they can determine direction at night. The use of the Southern Cross (Southern Hemisphere) and the Polar Star (Northern Hemisphere) are now discussed and explained.

The question "Can we now say where one place is with respect to another?" leads to a discussion of labeling direction. The other points of direction on the compass card are discussed. For example, by the question, "How can we describe the direction of a place between NORTH and EAST?", the pupils are guided to formulate for themselves the label NORTHEAST. The same holds for the other intermediate directions.

The compass card, with intermediate directions filled in, is on the floor and the pupils show with it that the directions on the map are truly correct (i.e., really are on the earth's surface) when it lies horizontally on the floor, but we hang the map vertically to work with it more easily. The pupils are guided to deduce that NORTH is always at the top of the map on the wall.

A world globe is now displayed, and the following must be established from questions:

(1) NORTH and SOUTH are the main points and refer to the NORTH POLE and the SOUTH POLE, respectively.
(2) EAST and WEST are not main points, but refer to the direction in which the sun rises and sets.

The pupils are guided to deduce that: direction is a description of the location of one place with respect to another by means of N, S, E and W and the intermediate points on a compass card.

**Didactic principles:** activity, individualization.
Modes of learning: perceiving alternating with thinking.
Teaching and learning aids: maps, globe, magnetic compass and prints of the Southern Cross and the Polar Star.

Actualizing (controlling) the new lesson contents:
The pupils are now asked to describe the step-by-step construction of a compass card. During this task, control of the insights is exercised. The correct labeling of the directions of the wind are especially attended to. The pupils are individually called upon to show and to label the directions of the wind.

Didactic principles: individualization.
Modes of learning: productive thinking and remembering.
Teaching and learning aids: model of a compass card, land maps.

Functionalizing:
The insights into direction in constructing a compass card are implemented by the following assignments:

(i) Draw a compass card.
(ii) Determine the direction of the following places from each other according to the principles of direction and their labels (e.g., N, S, SE). Use a land map.
   (a) Cape Town lies to the ________ of Port Elizabeth.
   (b) Port Elizabeth lies to the ________ of Cape Town.
   (c) Johannesburg lies to the ________ of Cape Town.
   (d) Cape Town lies to the ________ of Johannesburg.
   (e) Pretoria lies to the ________ of Bloemfontein.
   (f) Bloemfontein lies to the ________ of Pretoria.
   (g) Kimberley lies to the ________ of Bloemfontein.
   (h) Bloemfontein lies to the ________ of Kimberley.
   (i) Durban lies to the ________ of Pretoria.
   (j) Pretoria lies to the ________ of Durban.
(iii) For the quicker pupils, more difficult ancillary exercises are given.
(iv) Briefly describe the meaning of the concept "direction".
Didactic principles: activity, differentiation and individualization (especially regarding individual tempo and differentiation of exercises).

Modes of learning: productive thinking, remembering, restructuring.

Teaching and learning aids: land map of South Africa.

Testing (evaluating):
The test completed in the functionalizing phase is evaluated to determine the pupils' insight into the essentials of the learning material. This brief test is collected and corrected after the lesson. For this reason, there is no need to make provision here for didactic principles, modes of learning, as well as teaching and learning aids.

SECOND EXAMPLE:

Localizing information:
Grade level: 10th grade
Subject: Mathematics (greatest common divisor and least common multiple of algebraic expressions).
Time: 40 minutes.
Grouping:
Homogeneous with respect to age and intellectual potentialities, but heterogeneous with respect to gender.

The teaching aim:

The lesson aim: To synthesize algebraic expressions by factoring and by correctly defining the concepts greatest common divisor (GCD) and least common multiple (LCM).

The learning aim: To effectively implement the concepts least common multiple and greatest common divisor in such problems as combining algebraic factors and using these concepts insightfully in additional problem situations.

Stating the problem:

Formulating the problem: Via the lesson phases of actualizing foreknowledge and stating the problem, the pupils are made aware of their inability to determine algebraically the least common multiple and the greatest common divisor without an analysis into factors. Correspondingly, they are guided by the question, "How can a least common multiple and greatest common
divisor be determined by analogy with arithmetic examples?" The teacher writes the question on the chalkboard.

**Solving the problem:** During the lesson phase of exposing the new content, the following board scheme gradually is shown:

1. \[8 = 2 \times 2 \times 2\]
   \[12 = 2 \times 2 \times 3\]
   \[18 = 2 \times 3 \times 3\]
   \[\text{GCD} = 2.\]
   \[\text{LCM} = 2 \times 2 \times 2 \times 3 \times 3 = 72.\]

2. \[18a^2 - 18 = 18(a^2 - 1)\]
   \[= 18(a + 1)(a - 1).\]
   \[18a^2 + 18a + 4 = 2(9a^2 + 9a + 2)\]
   \[= 2(3a + 1)(3a + 2).\]
   \[18a^2 - 15a - 18 = 3(6a^2 - 5a - 6)\]
   \[= 3(3a + 2)(2a - 3).\]
   \[\text{GCD} = 1.\]
   \[\text{LCM} = 18(a + 1)(a - 1)(3a + 1)(3a + 2)(2a - 3)\]

Note: The similarity between the logical construction of the algebraic and the arithmetic example (which the pupils already know) is stressed.

**The lesson structure:**

**Form of the lesson:**

- **Choice of ground-forms:** discussion, example and assignment.
- **Choice of methodological principles:** initially deductive and then inductive to discover the concepts.
- **Choice of principles of ordering the learning materials:** linear.
- **Methods of unlocking (teaching):** During actualizing foreknowledge: demonstration. During stating the problem: primarily questions-and-answers. During exposition of the new content: primarily demonstration intermingled with questions-and-
answers. During actualizing the lesson content: primarily **demonstration intermingled with questions-and-answers.** During functionalizing: mainly the **textbook.** During testing: preponderantly **textbook intermingled with questions-and-answers.**

The course (phases) of the lesson and didactic modalities:

**Actualizing foreknowledge:**
Since the concepts of "factor", "greatest common divisor" and "least common multiple" embrace the core of the foreknowledge, these concepts must be clarified again with appropriate questions. Some computational examples will be used as demonstrations after the concepts of "greatest common divisor" and "least common multiple" are first analyzed so the meaning of each part-concept also is clear. Such part-concepts as "common", "multiple", "factor" must first be illustrated by simple examples.

**Didactic principles:** activity, individualization, tempo variation.

**Modes of learning:** Thinking, perceiving, sensing.

**Teaching and learning aids:** chalkboard.

**Stating the problem:**
Based on the relevant foreknowledge which is actualized, the pupils realize that, at this stage, they can find the greatest common divisor and the least common multiple of arithmetic numbers and simple algebraic monomials. The application of the concepts to algebraic polynomials, however, awakens a feeling of the problematic in the child. By further analyzing the problem, they realize that their already existing concepts need to be generalized, and can be applied to algebraic polynomials. Here, the relationship between "arithmetic number" and "algebraic expression" must be clearly expressed.

**Didactic principle:** Guided activity.

**Modes of learning:** Sensing and perceiving.

**Teaching and learning aid:** Chalkboard.

**Unlocking the new contents:**
The correspondence between the determination of the greatest common divisor and the least common multiple of arithmetic numbers and algebraic monomials is demonstrated by appropriate examples. The difference in presenting the new lies in the fact that the analysis of algebraic expressions into factors presents an obstacle. The difference and similarity can be illustrated for the pupils by a good example:

**First step:**
Analyze each expression into factors:

<table>
<thead>
<tr>
<th>Arithmetic example</th>
<th>Algebraic example</th>
</tr>
</thead>
<tbody>
<tr>
<td>(8 = 2 \times 2 \times 2)</td>
<td>(18a^2 - 18 = 18(a^2 - 1))</td>
</tr>
<tr>
<td>(12 = 2 \times 2 \times 3)</td>
<td>(= 18(a + 1)(a - 1))</td>
</tr>
<tr>
<td>(18 = 2 \times 3 \times 3)</td>
<td>(18a^2 + 18a + 4 = 2(3a + 1)(3a - 2))</td>
</tr>
<tr>
<td></td>
<td>(18a^2 - 15a - 18 = 3(3a + 2)(2a - 3)).</td>
</tr>
</tbody>
</table>

**Second step:**
Look for common factors in all three expressions and numbers. In the arithmetic example, there is only one such factor, namely 2, which is the greatest common divisor. In the algebraic example, there is no common factor and thus the greatest common divisor is 1.

**Third step:**
Use the arithmetic example to show how the least common multiple of the three numbers is found. Begin by writing down the factors of eight, namely, \(2 \times 2 \times 2\). To make this a multiple of 12, the factor 3 is needed \((2 \times 2 \times 3)\). In considering 18, an additional factor of 3 is needed \((2 \times 3 \times 3)\) and thus the least common multiple is \(2 \times 2 \times 2 \times 3 \times 3\) which is 72.

Now the algebraic example is used in a similar way to concluded that the least common multiple is
18(a + 1)(a - 1)(3a + 1)(3a + 2)(2a - 3).

This arithmetic example can also be studied with insight by applying concepts from set theory.

Didactic principles: guided activity, guided tempo.
Modes of learning: perceiving and thinking.
Teaching and learning aid: chalkboard.

Actualizing (controlling) the new lesson contents:
One or two examples with slight differences are now worked through with the pupils to give them the necessary confidence with respect to the correct explanation and factoring.

Didactic principles: guided and self activity, guided tempo.
Modes of learning: perceiving, thinking, imitating.
Teaching and learning aid: chalkboard.

Functionalizing:
Suitable examples are now sought which the pupils themselves must do so the newly acquired insights can be exercised. In this assignment, the examples are arranged so that there is a perceptible increase in level of difficulty. A few difficult examples are presented as a challenge for the more discerning pupils.

Didactic principles: self-individualization at one's own tempo.
Mode of learning: thinking.
Teaching and learning aid: textbook.

Testing (evaluating):
Several problems which cover the whole range of difficulty (re factoring) can be presented to the pupils to evaluate their level of achievement. It should always be kept in mind that each problem must test the essentials of what is presented (unlocked).

Didactic principle: self-individualization.
Mode of learning: Thinking.
Teaching and learning aid: copies of the examination.
THIRD EXAMPLE:

Localizing information:
Grade level: 12th
Subject: Afrikaans (Literature).
Time: 40 minutes.
Grouping:
Homogeneous with respect to age, subject choice, intellectual potential and gender (girls).

The teaching aim:
The lesson aim: The striking imagery in the "Ballad of Grayland" by D. J. Opperman.
The learning aim: To sharpen insight into the way a creative poet goes about characterizing persons in their regular day-to-day existence in the city.

Stating the problem:
Formulating the problem: Through actualizing foreknowledge and stating the problem, the pupils are guided to state for themselves the problem, namely, "What image(s) are evoked by gray, grayness, gray land?"
Solving the problem: Appreciation as well as explication are dealt with in this lesson; therefore, the poem first is read in its entirety by the teacher.

The lesson structure:
Form of the lesson:
Choice of ground-forms: conversation, example and assignment.
Choice of methodological principles: initially inductive, later deductive.
Choice of principles of ordering the learning material: Symbiotic and linear.
Methods of unlocking (teaching): During actualizing foreknowledge: question-and-answer method.
During stating the problem: mainly narration intermingled with question-and-answer which also are maintained during actualizing the lesson content.
During functionalizing: question-and-answer. During
testing: the textbook.

The course (phases) of the lesson and didactic modalities:

**Actualizing foreknowledge:**
Foreknowledge is stimulated by means of questions about a ballad dealt with previously. After this, questions are asked of the pupils to guide them to the new content.

For example:
What is it like early in the morning in the winter in the center of the city? Can we compare this with Johannesburg? What is the difference? Is the name Gold City still appropriate? What image currently is most conspicuous when one thinks of Johannesburg?

Why is the image of grayness considered? What is the composition of the color gray? What is the effect of a gloomy, gray day on a person?

**Didactic principles:** activity, individualization (questions are directed to individual pupils), quick tempo.
**Modes of learning:** remembering, reproductive thinking, imagining, sensing and perceiving.
**Teaching and learning aid:** a large photo of Johannesburg taken early in the morning.

**Stating the problem:**
In terms of their own experiences, the pupils are guided by the question How does Opperman create a striking image of a person in "Grayland"?

**Didactic principles:** activity, individualization, slower tempo.
**Mode of learning:** productive thinking.
**Teaching and learning aid:** textbook.

**Unlocking the new contents:**
The entire poem is read to the class in a moving way.

**Didactic principles:** activity and individualization.
**Modes of learning:** sensing, perceiving, productive thinking.
Teaching and learning aid: textbook.

Actualizing (controlling) the new lesson contents:
By narrating, part I of the poem is explained further. With several examples, how a young man goes to the city by train, what his impressions are and how he has to perform tiring and irritating work are described. Each stanza is a quick, flashing image of what happens to him. He changes jobs very quickly. He doesn't like the ugly city; he is in continual conflict: a splendid and touching comparison is when he stacks oil drums on each other and this seems like the cells of a honey-cake but they are empty and not full of sweetness like a honey-cake; for him his work is meaningless and sterile. There is a precise correspondence between the quick hands that grasp and fold together paper in a candy factory and the fast movement of hands playing a piano; but one brings pleasure and the other monotonous drudgery.

From the personifications in the sixth stanza of saws that "scream", chisels that "chatter", cars that "nag", we hear the irritations and frustrations of the young man who again has changed jobs. The image allows his growing resistance to become a real experience, especially when he finds himself in trouble.

Didactic principles: individualization, activity, slower tempo.
Mode of learning: productive thinking.
Teaching and learning aid: chalkboard.

Functionalizing:
Exercise of insights occurs by dealing with part II with the pupils, but by the question-and-answer method.

Didactic principles: activity, differentiation and individualization.
Modes of learning: productive thinking, restructuring.
Teaching and learning aid: textbook.

Testing (evaluating):
Part III can be given to the pupils as an assignment to determine their insight into the essentials of the learning material. However,
in this case, a composition with the heading, "Me, my brothers and sisters", is given to the class by which they are linked to the generally human confrontation with a world in which they continually have to give an account of themselves.

**Didactic principle:** self-activity.

**Modes of learning:** from imagining to productive thinking.

**Teaching and learning aids:** none.