

# CONTENTS

## CHAPTER I

### INTRODUCTORY ORIENTATION AND STATEMENT OF THE PROBLEM

#### 1. INTRODUCTION

- 1.1 Family therapy
- 1.2 Brief overview of the rise and development of family therapy
- 1.3 Approaches to family therapy
- 1.4 The family therapeutic approach to the symptom
- 1.5 The aim of family therapy
- 1.6 The family and society
- 1.7 The therapeutic unity
- 1.8 Family therapy versus individual therapy
- 1.9 Family and education
- 1.10 The task and terrain of orthopedagogics

#### 2. PROBLEM FORMULATION

#### 3. PLAN AND AIM OF STUDY

#### 4. METHOD OF RESEARCH

#### 5. REFERENCES

## CHAPTER II

### THE STRUCTURAL APPROACH OF SALVADOR MINUCHIN

#### 1. INTRODUCTION

#### 2. ESSENCES OF MINUCHIN'S STRUCTURAL APPROACH

#### 3. THERAPEUTIC PROCESS

- 3.1 The therapist joining the family
  - 3.2 Identifying and evaluating the family structure
    - 3.2.1 Introduction
    - 3.2.2 Areas and aspects of importance for family diagnostics
    - 3.2.3 Mapping
    - 3.2.4 Stumbling blocks during diagnostics
  - 3.3 Restructuring the family
    - 3.3.1 Introduction
    - 3.3.2 Aim of restructuring
    - 3.3.3 Investigating the symptom
    - 3.3.4 Investigating the family structure
    - 3.3.5 Investigating the family reality
- #### 4. REFERENCES

## CHAPTER III

### THE STRATEGIC APPROACH OF JAY HALEY

#### 1. INTRODUCTION

#### 2. ESSENCES OF THE STRATEGIC APPROACH

- 2.1 Introduction
- 2.2 Communication and metacommunication
- 2.3 Control of defining the relationship
- 2.4 Hierarchies and triads
- 2.5 Sequence of interactions

- 2.6 The dysfunctional family
- 2.7 The meaning of the symptom
- 3. THE STRATEGIC APPROACH TO DIAGNOSTICS
  - 3.1 Introduction
  - 3.2 Social stage
  - 3.3 Problem identification stage
  - 3.4 Interactional phase
  - 3.5 Formulating an aim and entering a contract
- 4. THERAPEUTIC INTERVENTION
  - 4.1 Introduction
  - 4.2 Tasks and assignments (directives)
  - 4.3 Paradoxical interventions
- 5. REFERENCES

#### CHAPTER IV

#### THE PARADOX AND COUNTERPARADOX APPROACH OF MARA SELVINI PALAZZOLI

- 1. INTRODUCTION
- 2. ESSENCES OF THE APPROACH OF THE MILAN GROUP
- 3. METHODS OF THE MILAN GROUP
- 4. FAMILY DIAGNOSTICS
  - 4.1 Stating hypotheses in family diagnostics
  - 4.2 Circular questioning
  - 4.3 Neutrality
- 5. THERAPEUTIC INTERVENTIONS
  - 5.1 Positive connotation and paradoxical intervention
  - 5.2 Other techniques
- 6. SUMMARY
- 7. REFERENCES

#### CHAPTER V

#### FAMILY DIAGNOSTICS AND FAMILY THERAPY AS ORTHOPEDAGOGIC DIAGNOSTICS AND PROVIDING HELP

- 1. FAMILY DIAGNOSTICS
  - 1.1 The role of observing in family diagnostics
  - 1.2 Family structure
    - 1.2.1 Introduction
    - 1.2.2 Hierarchy
    - 1.2.3 Distance between family members
    - 1.2.4 Lifecycle of the family
    - 1.2.5 Synthesis
- 2. ORTHOPEDAGOGIC DIAGNOSTICS
  - 2.1 Introduction
  - 2.2 Orthopedagogic diagnostics
- 3. FAMILY DIAGNOSTICS AS ORTHOPEDAGOGIC DIAGNOSTICS
  - 3.1 Introduction
  - 3.2 Family dynamic

**3.3 The connection between the miscarriage of the educative relationship in the family and the particular hierarchy of the family structure**

3.3.1 Observing as medium for determining the family structure

3.3.2 Essences of the educative relationship of authority

3.3.3 Interpretation of the event

**3.4 The connection between the failure of trust and understanding and the distance-structure of the family**

3.4.1 Introduction

3.4.2 The essence of understanding

3.4.3 The essence of trust

**3.5 The relationship between the failure of the pedagogic sequence structures and the family dynamic**

**4. FAMILY THERAPY AS THERAPY FOR ELIMINATING THE DISHARMONIOUS DYNAMIC OF EDUCATING**

4.1 Family therapy as changing meaning

5. REFERENCES

**CHAPTER VI**

**AN EXAMPLE OF FAMILY THERAPY FOR ELIMINATING A DISHARMONIOUS DYNAMIC OF EDUCATING**

1. FAMILY DIAGNOSTICS

1.1 Identifying particulars

1.2 Statement of the problem

1.3 Family dynamic

1.3.1 First conversation

1.3.2 Second session

1.3.3 Third session

1.3.4 Fourth session

1.3.5 Follow-up conversation

2. VERIFICATION OF THE FAMILY DIAGNOSTICS BY MEANS OF ORTHOPEDAGOGIC MEDIA

2.1 Intellectual ability

2.2 Unfavorable meanings

2.3 Summary

3. REFERENCES

**CHAPTER VII**

**SUMMARY, FINDINGS AND RECOMMENDATIONS**

1. SUMMARY

2. FINDINGS

3. RECOMMENDATIONS

**BIBLIOGRAPHY**

**SUMMARY**