#### CHAPTER TWO

#### PSYCHOLOGICAL-PEDAGOGICAL ASPECTS OF THE PHENOMENON OF LIVED-EXPERIENCE

#### 1. INTRODUCTORY COMMENTS

A psychological-pedagogical (psychology of becoming) orientation regarding child lived-experience primarily revolves around the question of how the child lived-experiences those moments by which his becoming is actualized. Because the child livedexperiences these psychic moments of becoming within an adultchild relationship, the child's lived-experiencing of moments of becoming is a psychological-pedagogical issue.

According to Langeveld,<sup>(1)</sup> educating a child is more than "feeding and protecting" if the child ever will flourish in his being human. A child also has need for a certain loving pampering, and if this falls short, then his becoming occurs in unfavorable ways. A child's helplessness is not remedied merely by bodily care. "There is immediately a real need for something other than that, namely, the **lived-experience of security**"<sup>(2)</sup> (my emphasis). This livedexperience of security is only present when love is shown, called by Nel "loving care" or "humanizing." That a child is not hungry, thirsty, cold or restless are inadequate responses to what he needs for his becoming, says Langeveld.<sup>(3)</sup>

Langeveld<sup>(4)</sup> views the following four moments of becoming as essentials or fundamental givens for the child's psychic becoming:

- (a) the biological moment;
- (b) the moment of helplessness;
- (c) the moment of security and safety ("safe secureness");
- (d) the moments of exploration and emancipation.

Briefly, the ways these moments are actualized amount to the following: the biological moment must be "conquered" through adequate loving care (emotionally rich and warm pampering, coddling, caressing, etc.) and, if needed, by helping and supporting him to assimilate (digest) and accept his biological deficiencies. By supporting the child in loving-caring ways, his helplessness (that he lived-experiences as a need for loving care) is surmounted, and he feels himself to be safe and secure. A child who feels secure will explore his world to the fullest since he explores from a safe space to which he always can return when insecurity threatens him. The child's intentionality is reflected in the moments of exploration and through his intentional going out to the world, he emancipates himself to full-fledged, independent adulthood. Emancipation thus means freeing or actualizing one's potentialities.

Next it is shown how the first three moments, namely, the biological, helplessness and security are clearly lived-experienced **pathically/affectively** by the child, although this lived-experience also has a knowing aspect. On the other hand, the moments of exploration and emancipation are viewed as moments that, although affective, are preponderantly lived-experienced **gnostically/cognitively**.

The biological moment is a moment of bodily lived-experience, indeed, a moment of vital-pathic lived-experience. The lovingness, the emotional richness and warmth with which the caring of the child is paired are lived-experienced by him on a vital-pathic level. It is his **body** that is cared for, pampered, caressed and coddled, and this is pleasing in a vital-pathic sense (on a vital-pathic level). The child's lived-experience of helplessness is also pathic/affective. He **feels** helpless. He lived-experiences this (especially pathic) helplessness as a need for loving care, and thus as a need for emotional support.

When these two moments are conquered, the child feels secure, safe and certain (once again an affective intention), and he is ready, especially in an emotional sense, to explore his world. Sonnekus<sup>(5)</sup> calls this an affective readiness to participate. The child is affectively ready to intelligently go out to and explore his world intellectually.<sup>(6)</sup> The child's lived-experience of a secure space is thus pathically/affectively colored.

When the child explores his world, clearly there is mention of a knowing directedness. Although this is an affective activity, the child's exploration of the world is seen as a knowing or intellectual breaking through and thus this is especially lived-experienced gnostically/cognitively. Also, his emancipation can be viewed in terms of becoming, always as an emancipation to a higher (gnostic/cognitive) level of lived-experience. Emancipation, as a

freeing and as the child's actualization of his potentialities of livedexperience also is a unitary event.

The "conquering" of the biological moment and the moment of helplessness by feelings of safety and security and a progression to moments of exploration and emancipation imply a distancing from the pathic/affective to the gnostic/cognitive. In other words, this is a progression from a feeling way of lived-experiencing (biological moment, moment of **feeling** helpless, moments of **feeling** safe and secure) to a knowing directedness (exploring the world and emancipating himself as knowing on a higher level).

If the first two moments are not overcome, the child will experience extreme helplessness; he will lived-experience himself as insecure and uncertain as well as anxious and tense. This means pathic lived-experiences will **overflow** into his knowing directedness. Then the child remains stuck on a vital-pathic level of livedexperiencing, and his exploration and emancipation stagnate and, consequently, so does his total psychic-spiritual becoming. The resulting phenomenon of infantilization indicates that his livedexperiences appear too childlike (infantile) in comparison with the expected level of pathic/affective-gnostic/cognitive livedexperiencing for his age, and consequently there is mention of infantile lived-experiencing.

The concept of **infantile lived-experience** indicates that the child cannot make the leap from emotional lived-experience to a gnostic/cognitive directedness, that he cannot distance himself from the pathic/affective to the gnostic/cognitive. Infantile lived-experience thus indicates a pathic/affective imprisonment or a habitual pathic/affective disposition resulting from needless, excessive feelings of helplessness, insecurity, uncertainty and anxiety.

In the following section, child lived-experience, as a concern of a psychology of becoming, will be more closely disclosed.

#### 2. PATHIC/AFFECTIVE AND GNOSTIC/COGNITIVE MOMENTS IN THE EXPERIENTIAL WORLD OF THE CHILD

(a) Description of pathic and gnostic

Because this further reflection on the child's lived-experiences, experiential world and attunement (taking a pathic, gnostic position) is important to us, we rely on a few authors who have clearly distinguished between pathic and gnostic lived-experiencing (see following table); also addressed is the matter of pathic/affective lived-experience as the precondition for gnostic/cognitive livedexperience and the resulting matter of a distancing by the child from the pathic to the gnostic.

The following table offers a number of contrasting concepts that, in the phenomenological literature, point to the distinction between pathic and gnostic lived-experience:

<b>Pathic</b> Attunement ("Moodness," emotionality)	<b>Gnostic</b> Understanding (primordial understanding of Heidegger)
Affective (precognitive disposition)	Cognitive
Sensing Subjective Emotional life Only-for-me Here-and-now Moment of feeling Naive lived-experiencing	Perceiving, knowing Objective Intellectual life Universally valid (for all) Timeless, enduring Moment of knowing (thinking, reflecting, etc.) Distanced lived-exper. (stand over against the
Unrepeatable Familiarity Primordial, first lived experiencing Undifferentiated (diffuse) Pathic attunement Impressions Self-involvement Appreciative lived experiencing Affectively colored Global attunement Feel	world*) Repeatable Knowledge Derived lived exper. Differentiated Conscious-intentional attunement (Lersch) Thoughts (Linschoten) Impersonal Sober-factual lived exper. Form and structure Analytic attunement Comprehend (re Heidegger)

\* Here, **stand over against** must not be viewed as objectivism; it remains objectivity-in-subjectivity (Landman)

Straus<sup>(7)</sup> distinguishes between pathic and knowing lived-experience by employing the concepts of **sensing** and **perceiving**. He views both sensing and perceiving as different ways of communicating with the world, as a persons ways of being-in-the-world, as ways of lived-experiencing.

According to Straus<sup>(8)</sup> sensing is sympathetic livedexperiencing (the child lived-experiences himself with and in the world); it is the original, primary or primordial livedexperience; it is the subjective (only-for-me, here-and-now), pathic moment of lived-experience.

**Perceiving** is the **distanced**, **knowing and thinking moment**, the **objective** (for everyone), **gnostic moment of lived-experience**; it is the search for the **nature** of things, for the enduring, the valid, the timeless, the universal, the truth; it is a search for a grasp of things as they **are**. Perceptions are communicable, able to be objectified, determinable; this calls for a general, objective, systematic, universal medium, namely, **language**.

Knowing assumes a progression from acting to thinking (reflecting), from sensing to perceiving. The first seeing of a thing is sensing--seen-for-me (pathic, subjective); the second seeing is perceiving (gnostic, thinking)--of the universal, the objective.<sup>(9)</sup>

Sonnekus<sup>(10)</sup> also refers to the primarily pathic flavor of sensing as a mode of lived-experience and the more gnostic nature of perceiving. Linschoten<sup>(11)</sup> reduces the chaotic variability and composition of lived-experience to two fundamental psychic phenomena, namely, thoughts and feelings. The difference between feeling and knowing is a difference in directedness.<sup>(12)</sup>

Other distinctions between pathic and gnostic lived-experience are those of Lersch<sup>(13)</sup> with his view of naive lived-experience in contrast to awareness or consciousness (see chapter one) and Werner's<sup>(14)</sup> contrast between undifferentiated, global, pathic ways of livedexperiencing and differentiated, gnostic lived-experiencing. For Werner<sup>(15)</sup> sensing is not an elementary perceiving through the separate senses but a diffuse state of lived-experience. Normally, a mature Western person has reached a more gnostic/cognitive way of lived-experiencing. Yet the pathic/affective is not closed off from him. More emotional lived-experiences merely are of less value in our thinking, actions and gnostic/cognitive understanding. It requires a loosening from our habitual gnostic/cognitive focus to really be able to lived-experience in a sensory way, so says Werner.<sup>(16)</sup>

According to Bordwijk<sup>(17)</sup> we can interpret all human (thus child) action only from the ways in which the adult and child lived-experience their world. The child's "emotional" life plays a greater role in his lived-experiencing than does his intellectual life. Also, Nieuwenhuis<sup>(18)</sup> distinguishes between a child and an adult lived-experiencing their world. The child does not lived-experience his surroundings in a matter-of-fact, sober way but primarily emotionally in connection with his own strivings. He lived-experiences the world as friendly or hostile, as exciting or soothing, as joyful or alarming. All of his encounters with the world are thus affectively founded. Nieuwenhuis<sup>(119)</sup> refers to the subjective world-image of the young child, to his immediate emotional-boundness with reality.<sup>(20)</sup> He distinguishes between affectively lived-experiencing the world and objective perceiving.

The child's intentionalities (e.g., fantasizing, imagining, perceiving) flow into each other; he does not yet differentiate himself from any one total psychic-spiritual intentionality. Gradually, the self-differentiation between subject and object becomes clearer and the distantiation between I and world becomes greater. Then, instead of feeling he is part of the world, he comes to stand in contrast to the world, says Nieuwenhuis.<sup>(21)</sup> He also warns (rightly) that the concepts **subjective** and **objective** must not be viewed as absolute opposites and indicates that at the beginning of psychic-spiritual becoming, the subjective strongly dominates, but, in the end, the objective dominates. He says that a requirement for the primary school attendance is that a degree of distance from the subjective to the objective must have occurred otherwise the child is not yet ready for school. This also holds true on a somewhat lower level for the toddler.<sup>(22)</sup>

With respect to the theme, "the child lived-experiences the world," Nieuwenhuis<sup>(23)</sup> **distinguishes between** the child's **global attunement** (global, strongly affectively colored attunement where the child is not directed by his analyzing, knowing potentialities but rather by his total appreciative [valuative] person) and a mostly **analytic attunement** (where there is mention of a clearly defined inner form and structure). Sonnekus<sup>(24)</sup> offers the following useful and clear summary of this matter: The **pathic moments** are the moments of subjective, primordial lived-experiences as precognitive disposition; the gnostic moments are the moments of distanced, cognitive lived-experience of that which lies in the object (the objective, knowing moment).

Especially Straus<sup>(25)</sup> and Sonnekus<sup>(26)</sup> view pathic lived-experience as the necessary origin, as precondition for gnostic lived-experiencing. Just as sensing is the pathic/affective origin of all cognitive ways of being (also for perceiving), it is the precondition for the gnostic/cognitive (perceiving).<sup>(27)</sup> To really know, a child must loosen himself from his sensing, from the subjective, and distance himself to a more gnostic/cognitive level. Naive lived-experience is broken through and there is movement to perceiving, reflecting, ordering, thinking, etc.<sup>(28)</sup> Straus<sup>(29)</sup> states it thus: "There is a path leading from sensing to knowing."

Werner<sup>(30)</sup> describes this event as one of becoming: In the course of the child's becoming, the undifferentiated, global, pathic ways of lived-experiencing make room for and a greater place for differentiated, gnostic lived-experiencing; gnostic lived-experiencing arises from pathic lived-experiencing.

According to Sonnekus<sup>(31)</sup> **self-distancing** means that the child steps out of his pathic/affective sphere of lived-experience and turns to his gnostic/cognitive sphere, e.g., in an act of self-distancing such as asking questions.

Lerch's<sup>(32)</sup> meaningful exposition is analogous to the above views: naive lived-experience is our first relationship with the world (e.g., in the prelinguistic period). With the help of language, the child distances himself--naive lived-experience proceeds to a "form of awareness" (consciousness, cognition). Here lived-experience and what is lived-experienced, which originate in naive lived-experience as a precondition, become determined via reflection and judgment as gnostic/cognitive activities.

In light of the above, the concepts of **pathic/affective** and of **gnostic/cognitive disposition** need to be more fully described and about which further reflection and research appear profitable.

The concept **disposition** refers to the child's habitual thinking and behaving (Langeveld). Behavior is meant here in a broad sense, so it also includes all psychic-spiritual activities or actions (thus all lived-

experiencing). Accordingly, **disposition** is described as the **particular ways (levels) of lived-experiencing**, as ways of thinking and behaving, typical or **habitual** for the subject, i.e., his usual (habitual) attunement or focus.

A pathic/affective disposition or habitual pathic attunement is a way of lived-experiencing; the person is generally subjectively-affectively attuned to reality. A gnostic/cognitive disposition or habitual gnostic attunement is a dominant, cognitively distanced way of lived-experiencing, as a way of thinking and behaving. However, once again it must be stressed that a pathic disposition always has an aspect of the gnostic or an attunement to knowing and that a gnostic disposition always has an emotional side.

Because the pathic is the first and primordial way of livedexperiencing, the small child (infant, toddler) can be expected to have a pathic disposition. With the older child (from approximately nine years), as well as with the child in puberty, and the adult, a gnostic disposition is expected. With serious and chronic affective disturbances and when there is pathic flooding of the gnostic, the child remains held fast to his pathic disposition and he does not distance himself to a gnostic disposition.

Originally, lived-experience is pathic, but during moments where there is an appeal to acquire knowledge (e.g., moments of actualizing intelligence), the child has to make a leap from emotional lived-experiencing to a knowing attunement; he has to be able to distance himself from the pathic to the gnostic. Clearly, the child's becoming occurs in terms of moving from a pathic to a gnostic disposition (from a child to an adult way of livedexperiencing). Thus, in essence, this move also is a matter for the psychology of becoming.

#### (b) Pathic/affective and gnostic/cognitive livedexperience as a unity

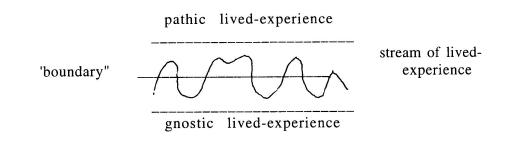
According to the preceding descriptions, it should be emphasized that in the experiential world there is no separation between pathic/affective and gnostic/cognitive moments--as if reality could be lived-experienced in one moment either only pathically or purely gnostically (compare the empiricist's separation of "thought and "feeling"). The designation of pathic/affective and gnostic/cognitive is only for the sake of scientific clarity. Pathic and gnostic lived-experiences as states, as content and as activity form a unity (see section 6).

Sonnekus<sup>(33)</sup> also emphasizes the fact that both pathic and gnostic moments must be seen as a unity and not as separable: "The pathic and gnostic moments in the life world of the child, and also in his lived-experiences, cannot be separated from each other and go hand in hand." He repeatedly indicates "the pathic and gnostic moments of lived-experience appear on different levels in the child's becoming, sometime more pathic, sometimes more gnostic, but never as separate moments of lived-experience."<sup>(34)</sup>

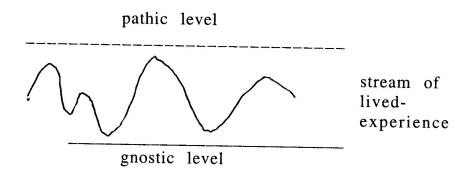
Linschoten<sup>(35)</sup> compares the stream of lived-experience with the life of a bird where flying and landing alternate: the periods of rest are like stable, knowing lived-experiences; the periods of flight are like emotional lived-experiences. Thus, there is a distinction between the substantive and transitive parts of the stream of livedexperience<sup>(36)</sup> that involves not only a polar opposition but an essential difference in direction.<sup>(37)</sup>

According to Linschoten<sup>(38)</sup> it can be further clarified that the concern is not with a pathic and gnostic absoluteness but with pathic and gnostic lived-experiences in their "graded quality"; i.e., lived-experience **always** is both pathic and gnostic (and **not** absolutely pathic or absolutely gnostic), but with differences in degree. This implies that either pathic or gnostic lived-experience is dominant.

In the author's judgment, Linschoten uses a weak image that does not illustrate the essentials of lived-experience. The image of the bird with periods of flight and rest wrongly creates the impression that periods within lived-experience can occur that are purely pathic and periods of gnostic lived-experience with a "boundary" somewhere between the two, such that at one moment livedexperience can be pathic or gnostic. For example:



Rather, lived-experience is a changing, unitary stream that varies between two extreme poles or levels, namely, the pathic/affective and the gnostic/cognitive. In other words, lived-experience **always** is both pathic (emotionally colored) and gnostic (directed to knowing). For example:



James<sup>(39)</sup> refers to the unity of all psychic reality (thus also of pathic and gnostic lived-experiencing) as follows: "From the cognitive point of view, all mental facts are intellections. From the subjective point of view, all are feelings."

Finally, in this connection, Van Dyk's<sup>(40)</sup> reference to the synthesis of the subjective and objective moments by the "fruitful moment" in the teaching event can be mentioned. He views the fruitful moment as a "fusion of pathic and gnostic moments."<sup>(41)</sup>

The concepts **pathic** or **pathic-gnostic lived-experience**<sup>(42)</sup> point to moments of lived-experience that are predominantly or dominantly pathic but that very decidedly also have a gnostic aspect, however slight this might be. Similarly, the concepts **gnostic** or **gnostic-pathic lived-experience**<sup>(43)</sup> point to lived-

experience that is predominantly gnostically actualized, but at the same time is also emotional. Sonnekus<sup>(44)</sup> indicates that the "ways the child lived-experiences ... gradually differ; with the junior primary school child (grades 1-4 in the USA), lived-experiencing primarily is pathic in nature...although the gnostic also is present while with the senior group (grades 5-7), lived-experiencing gradually shifts to the early gnostic level although the pathic still accompanies it."

In his phenomenological-existential analysis of the irreducible and primordial structures of the openness of Dasein, Heidegger<sup>(45)</sup> distinguishes the following three constitutive modalities that, as existentialia (anthropological categories) of openness, form an indivisible unity:

1. Attunement ("moodness") (Heidegger's Befindlichkeit) which means you find (and feel) yourself (in the world), an attunement, mood, also called a "fundamental mood" or "affective disposition." Also, no matter what we do, we always find ourselves already in a certain affective mood. Dasein is already attuned (or emotion). It is this characteristic initiative of Dasein which always informs a person, in one way or another, of his position in reality by which a person originally can give an account to himself of his situation in the world. Thus, this attunement or "moodness" teaches the person something concerning reality;

**2. Understanding** (Heidegger's **Verstehen**): here is meant primordial understanding. It is this primordial understanding that makes possible all modalities of knowing (thinking, remembering, perceiving, actualizing intellectual potentialities--all as ways of existing<sup>(46)</sup>);

**3.** Logos (speech) (Heidegger's **Rede**): here Heidegger means Dasein's fundamental possibility or potentiality to put in order and classify, to delimit and structure. Without this potentiality, attunement and primordial understanding are not possible.

Attunement and primordial understanding are viewed by Heidegger<sup>(47)</sup> as two modalities that embrace each other: primordial understanding is always present in attunement, and all understanding in its turn is continually connected with one or another attunement (mood). In other words, all understanding, in one way or another is bound to attunement, and attunement also is a continual bringing-to-light (disclosing).<sup>(48)</sup>

In terms of the above reflections on lived-experience, Heidegger's exposition can be restated with the following three pronouncements:

(a) Pathic/affective and gnostic/cognitive lived-experiencing of reality are two primordial and irreducible modalities (existentialia) which embrace each other in that they always occur together.
Without them Dasein cannot be reflected on or understood. Also, Vliegenthart<sup>(49)</sup> makes reference to this intermeshing of the child's pathic and gnostic relationships to the world;

(b) All gnostic lived-experiences, all cognitive activities involve, to some extent, the emotional;

(c) Primordial understanding is always present in attunement; i.e., attunement (pathic lived-experiencing) is a bringing-to-light (disclosing). The latter two pronouncements briefly are considered more closely below:

# (i) The emotionality of all cognitive activities (gnostic/cognitive lived-experiences):

Here it will be shown that all seemingly pure cognitive occurrences, e.g., thinking, attaining insight, actualizing intelligence, etc. also have an aspect of pathic/affective lived-experience (emotionality):

Vliegenthart<sup>(50)</sup> says the requirements of learning to speak are predominantly gnostic demands. Accordingly, lived-experience must be actualized "on a somewhat less concrete level" and with "a weaker pathic boundness and a more gnostic attunement."<sup>(51)</sup> This quotation clearly indicates that the gnostic attunement required in learning to speak includes a pathic being bound, but it is necessary that the latter be of "lesser strength." Consequently, the acquisition of language is a gnostic (distanced) constituting by the child, and although of "lesser strength," pathic lived-experiencing also is present. For this reason, the affective (emotional) aspect of language constitution (i.e., discovering and acquiring language for oneself) cannot be denied.

Linschoten<sup>(52)</sup> shows the interwoven nature of pathic and gnostic lived-experiencing and indicates that the stream of lived-experience

has both a personal (subjective) and a cognitive (knowing) character. From this it is concluded that all knowing livedexperiences are person-bound or I-determined, i.e., that gnostic lived-experiences are qualified by Dasein's emotionality. In addition, Sonnekus<sup>(53)</sup> indicates that "pathic moments are always present in lived-experiencing reality, even when the gnostic is more to the point."

According to Van Hiele<sup>(54)</sup> acquiring insight generally is paired with an "emotion": the child attains a feeling of power because he feels (knows) he is capable of a number of things of which he was previously incapable; he also acquires a feeling of security because he feels (knows) he is capable of fulfilling stipulations. It is precisely these accompanying "emotions" that make this a situation, which originally didn't have the characteristics of one, and which suddenly he can now change into a learning situation (Van Hiele). Further, he refers to the joy of knowing something, the feeling of power and security that go along with insight.<sup>(55)</sup>

Van Hiele reflects further as follows: at the beginning of insight, among other things, the child is captured by the problem. His whole personality is directed to this problem."<sup>(56)</sup> From Sonnekus'<sup>(57)</sup> description of **thinking** as "par excellence, a gnostic way of being" as well as "a search for and acquisition of a grasp on **reality as a problem**" (my emphasis), it is clear that the child, even in his act of thinking (as a clearly gnostic way of being and as a seemingly pure cognitive directedness to reality. In this light, one cannot agree with the view that pathic lived-experiences play no role in the act of thinking itself,<sup>(58)</sup> and further, one can question the possibility that a child can completely transcend the pathic/affective to the gnostic/cognitive in the act of thinking.<sup>(59)</sup>

The following quotation from Van Hiele<sup>(60)</sup> underscores the present discussion: "Until insight breaks through, the increase in emotional tension clearly is not constant; on the contrary, it pulsates and probably is even essential for insight to arise. But the highest form of emotion is reached at the moment the child becomes aware of his own insight [the aha! moment of a real breakthrough to understanding], and it is precisely the anticipation of this emotion that makes the intellectual tension so attractive." Also, Van Hiele speaks of a desire for insight,<sup>(61)</sup> and of the "emotions" that accompany insight;<sup>(62)</sup> in addition, he refers to feelings of

discouragement, expectation and the "emotions" of acquiring the insight.<sup>(63)</sup> He comes to the following conclusion: "emotions" are the necessary driving power for learning to occur; the problem must be captivating.<sup>(64)</sup>

The above aspects of Van Hiele's views concerning "emotion" and insight illustrate the emotionality of an extremely cognitive event or gnostic/cognitive lived-experience such as the onset and attainment of insight.

According to Langeveld<sup>(65)</sup> not only is the knowing relationship to the world changed by the child's intellectualizing because when the gnostic-knowing image changes so does the pathic-emotional. When one goes to meet the world cognitively, it looses its feeling of mystery, threat and tenseness and thus the child's affectivity also changes. Further, intellectualizing involves a distancing to an impersonal, gnostic/cognitive viewing of the world; but this distancing to the gnostic clearly is an emotional distancing according to Langeveld.<sup>(66)</sup> He<sup>(67)</sup> even warns against intellectualizing existing completely pushed away from all "emotional" ways of acting in favor of methodical-impersonal ways of being aware. This would lead to an uprooting of the person himself, to a loss of contact with fellow persons, with society and with culture. With the occurrence of intellectualizing, it also is important for Langeveld<sup>(68)</sup> that "the education of the emotional life harmonize with the personality."

In Van Dyk's<sup>(69)</sup> exposition, there also are moments when emotionality is evident in cognitive events (specific teaching events). He clarifies: Because objects in the child's surrounding world not only appeal to his knowing life but also to his emotional life, he is required to answer this appeal in his totality.<sup>(70)</sup> Elsewhere, he mentions the fact that each lived-experience (thus also the gnostic/cognitive) lays a claim on the child's emotional life,<sup>(71)</sup> and he refers to the intense subjectivity that can arise in a teaching/learning situation (as a clearly cognitive activity); (pathic/affective) lived-experience is thus a moment that is influenced by the course of a lesson<sup>®72)</sup> "Along with the breakthrough of insight and the solution of an actual problem, in the fruitful moment one feels a strong affective lived-experience and claim on consciousness" (Van Dyk).<sup>(73)</sup>

In addition, Van Dyk points to the following feelings that are related to the occurrences of thinking and learning: self-confidence, selfassurance, confusion;<sup>(74)</sup> feelings of perplexity and desperation, unconcerned attitude, impulsive behavior, doubt, boldness, straining of attention,<sup>(75)</sup> arousal of moments of tension,<sup>(76)</sup> astonishment and wonder.<sup>(77)</sup> It is further indicated that "In the search for a solution (thinking), the tension increases the longer the solution stays away."<sup>(78)</sup> Also: "Along with the mastery of reality, each person lived-experiences pleasant moments such as achievements in the fruitful moment as well as alternating moments of errors and failures."<sup>(79)</sup> And: "The strong subjective livedexperience of the event and the intellectual directedness to achieving a solution."<sup>(80)</sup> Also, this involves the easing of tension, the joyful,<sup>(81)</sup> the pleasure or dissatisfaction which a solution holds for the child;<sup>(82)</sup> affective moments of the unlocking of reality are referred to;<sup>(83)</sup> the child experiences a degree of "thrill" (affective moment) in a favorable learning climate.<sup>(84)</sup>

The final quotation from Van Dyk<sup>(85)</sup> in this regard speaks for itself. In the teaching situation, the pupil undergoes contrasting livedexperiences: "First he finds himself in a situation of increasing unrest and growing tension but the fruitful moment makes a place for feelings of joy, happiness and self-satisfaction on the basis of the surprising breakthrough of insight. This gives the event a strong emotionally loaded character whose formative value clearly cannot be doubted."

For this pathic/affective lived-experience of the cognitive activity, Bigot<sup>(86)</sup> as well as Garbers<sup>(87)</sup> use the concept **intellectual feeling** which is described as follows: **intellectual feeling** is the feeling we experience when we understand something, recognize something as true, or the contrary of these. Thus, it is the feeling that is livedexperienced with the solution of a problem, with the attainment of insight into a theory, where feelings of doubt, confusion and obscurity pass over to feelings of security. It is the joy of knowing and coming to know, or the discord of not knowing and not being able to know. Related feelings are curiosity, eagerness to learn, a thirst for knowledge, the anticipation or tension before a result, the disillusionment or disappointment if the unexpected occurs or the expected fails to materialize, the delight of the truth, the despair of doubt. The feeling of the sudden breakthrough of insight is called the "Aha-experience" by Buhler, according to Bigot. In addition, Kruger<sup>(88)</sup> also refers to the **universality of emotions**, which means that in **all** behaving and lived-experiencing the emotional moment is present and colors them. Everything a person does is accompanied by one or another emotional quality. Emotions, thus, are universal in the sense that they accompany all "behavior." Any mode of behavior can be analyzed and an emotional moment will be discovered in it.

Finally, Nel<sup>(89)</sup> indicates the emotionality of cognitive acts when he refers to "the affect-laden character of the phenomenon learning... On whatever cognitive level the child goes out to the world (either by perceiving, thinking, fantasizing, etc.), it always remains an affect-laden going out to the world."

The preceding detailed discussion points to the pathic aspect or emotionality of all cognitive activities or gnostic/cognitive livedexperiences of which particular attention was devoted to the following: learning to speak, knowing lived-experiencing, insight, thinking, the learning situation (also the teaching situation), intellectualizing and the fruitful moment.

# (ii) The disclosive character of all pathic/affective lived-experience

Here it is briefly indicated how each pathic/affective livedexperience, however clearly emotional or "purely" affect-laden it might appear, has a gnostic or cognitive aspect; i.e., in this moment, the child is also knowingly aware of reality; he comes to one or another realization or knowing of something; all pathic/affective lived-experience is disclosive; it manifests, unveils, discovers something for the child, however slight. Even with preponderantly pathic/affective lived-experiencing there thus is a distantiated side, however slight and on whatever level the matter of concern might appear.

Also, via seemingly pure pathic/affective lived-experiencing, the pupil acquires insight, i.e., to act adequately in new situations.<sup>(90)</sup> In each pathic/affective lived-experience one or more of the following gnostic/cognitive moments can be found: knowing, understanding, being aware, remembering interpreting, problem solving, globalizing, analyzing, synthesizing, transferring, etc. Thus, it is clear that pathic/affective lived-experience influences the

occurrence of intellectualizing, forming, teaching and cognitive orientation.

"Each (pathic) lived-experience contributes to what it is that one learns from the object compelled by his wondering, " writes Van Dyk.<sup>(91)</sup> The same reality which entices the child to lived-experience it pathically/affectively, in the same moment allows him to take a gnostic/cognitive position toward it within which are laid moments of determining, learning, knowing, ordering, etc.

Even the child's being aware of the fact that he lived-experiences reality pathically/affectively means a knowing about his own going out to reality. Even in the cognitive lived-experienced vagueness of a strongly affect-laden attunement (anxiety, insecurity, uncertainty, discouragement, failure) toward one's own intellectual deficiencies, there is a knowing awareness of one's own impotence and ignorance.

Finally, Sonnekus<sup>(92)</sup> indicates that even when "lived-experience is primarily more pathic in nature, the gnostic also is present."

More than any other category (e.g., consciousness) the concept of lived-experience points to the unity of pathic/affective and gnostic/cognitive directedness, i.e., to the fact that all gnostic/cognitive directedness has an emotional aspect and that all pathic/affective direction is disclosive to some extent.

### 3. THE NATURE OF THE STREAM OF LIVED-EXPERIENCE

Linschoten<sup>(93)</sup> postulates the following six essential characteristics of the stream of lived-experience:

# (a) The streaming (continuous) character of lived-experience:

The stream of lived-experience is characterized by an experienced continuity. Lived-experience goes or flows forth; it has the character of a stream. However, it must no be compared with a chain or a train that is divided into links or coupled units but with a stream or river that flows uninterrupted. In this connection, James refers to the continuity of the stream of consciousness. Thus, states of consciousness continually follow each other without interruption. When lived-experience apparently is interrupted (e.g., by sleep,

fainting, a coma, an epileptic condition), the interruption is livedexperienced and it is not lived-experience that is interrupted. The I is a common whole that lived-experiences itself in an unbroken progression, e.g., before and after sleep;

# (b) The integral character of lived-experience:

This concerns the integrity (James) or unity (Brentano) of the stream of consciousness and connected with this is the unity of the I that lived-experiences. Lived-experience possesses a unitary character of content, form and duration. The unity of consciousness exists in that all psychic phenomena appear simultaneously (e.g., seeing, hearing, imagining, judging, choosing, loving, hating, desiring, evading), each as a part phenomenon, belong to a real unity.<sup>(94)</sup>

Lived-experience, then, is not actualized via particular sense organs. One does not differentiate among what one hears, sees, tastes or smells. Different sensory data and acts originally are an undifferentiated, unitary lived-experience. In lived-experience we always have to do with a totality and not with disconnected livedexperiences. Even sensing is the (pathic) lived-experiencing of totalities, of forms.<sup>(95)</sup>

Further, lived-experience is an overarching unity of actuality (the actually given **present**), of retentions (**past**) and of protentions (**future**);

# (c) The personal character of lived-experience

Each lived-experience is part of a personal consciousness, is thus person-bound, is **I-determined**; each lived-experience is "my lived-experience." "My consciousness" refers to an owner or I-pole of each state of consciousness. Lived-experience is bound to a unity through a self. It belongs to someone and constitutes part of someone;

# (d) The knowing character of lived-experience

Lived-experience also is cognitive or has the function of knowing. The stream of lived-experience has two functions: it leads to knowledge and it leads to activity. This involves a knowing involvement or directedness of lived-experience with things. Thus, lived-experience always is a lived-experience of something, and this leads to knowing that something;

## (e) The selective character of lived-experience

Lived-experience is selected, the stream of lived-experience is chosen. Forms of this, e.g., are attending to, taking an interest in, being directed to something, consciously willing. This choice is an activity that reveals intentionality. The stream of lived-experience is a directed stream and in choosing, it becomes structured. This choosing amounts to drawing thematic boundaries within the field of lived-experience. Selecting is an activity of thematizing. Linschoten<sup>(96)</sup> speaks of a continuous selective structuring or of selective interest;

# (f) The changing character of lived-experience

Lived-experience changes incessantly and is characterized as continuous change, flow and transformation. However, this is not to say that there is any lived-experience without duration. No lived-experience returns to what it was earlier. The lived-experience of a thing (the same thing) continually changes. No lived-experience ever repeats itself. Linschoten<sup>(97)</sup> calls this the continually changing total status of consciousness.

Lived-experiencing the same thing each time is characterized by a different context, a different relation, a different meaning. Thus, lived-experience is becoming (changing), and the history of one's becoming also is one's historicity. Our historicity allows us to continually lived-experience differently.<sup>(98)</sup>

# 4. LIVED-EXPERIENCE AND LANGUAGE

Linschoten<sup>(99)</sup> refers to the intimate relations and mutual dependencies among language, lived-experience and reality. Livedexperience refers to reality with language as the **medium**. With **language as medium, I verbalize** (mean, put into language) the **reality** (lived-experienced content) that I **lived experience**. Languaging (verbalizing) is naming lived-experienced reality; thus, human reality is a **verbalized** reality. This is stated thus: verbalizing is one's own and is connected with one's livedexperiences, with one's lived-experienced reality. Human reality is not only a verbalized reality, it also is a reality of "speaking" and of meaningful things that "speak" and that constitute a world through their meaningful connections.<sup>(100)</sup>

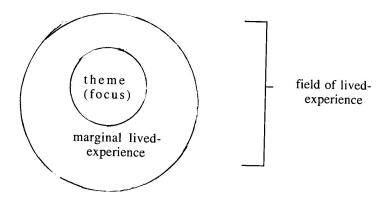
The following statement also is important: Our language, ordinary speech, does not speak about a reality free and independent of all human viewing; rather it speaks of a meaningful world-for-us, of the experiential world, and this is pervaded with human subjectivity.<sup>(101)</sup> Consequently, language is a creative moment in the constitution of reality. Through verbalization reality becomes enriched, extended, named, known. Only when the contents of lived-experience are put into words (literally), does lived-experience become verbally manageable.<sup>(102)</sup> A person's lived-experiencing itself becomes co-characterized by what is brought to the fore in the verbalization; also, language is constitutive of lived-experience and through words lived-experiences become communicable, and thus gaugable for us.<sup>(103)</sup>

Further, lived-experience compels formulation in language; livedexperienced meanings are cast in the form of language, the meanings thus become embodied and acquire a form in something perceptible. One's lived-experienced interiority acquires its reality through the word and thus becomes accessible to others (and to oneself). A common lived-experienced reality is brought about by language. The word expresses what is there (for us): human reality.<sup>(104)</sup>

The stream of lived-experience, that is so changing, flowing and formless becomes a structured and differentiated stream, a graspable firmness through its expressibility; in other words, verbalizing is the way in which forms originate and are anchored in lived-experience. As a consequence, lived-experience becomes namable, classifiable, communicable, understandable and definable. Reality for us is not the unutterable, inexpressible but rather the said, the spoken; for us it is the discussible and namable. Language forms and transforms the changeable stream of lived-experience into an expressed, pregnant, articulated form. Thus, human reality is an expressed reality and lived-experience already is aimed at language (Linschoten).<sup>(105)</sup>

### 5. THE FIELD OF LIVED-EXPERIENCE

In accordance with James, Linschoten<sup>(106)</sup> describes the field of lived-experience as follows:



There is a distinction between **marginal** and **thematic livedexperience**. The margin is the horizon of the theme, and the theme is the topic or center of one's lived-experience. Livedexperience is focused at the center while marginal lived-experience is vague. Marginal lived-experience stands in a certain relation to the theme; it is its context, and it has a constitutive significance for the theme. Theme and field are continuous; the theme is the thematization of a field within a field; thus, thematizing delimits the essentials with regard to the non-essentials in the filed of livedexperience. The differentiation of a theme within the field of livedexperience is a necessary, general form of organization of this field. On all levels of lived-experience, there is a theme and a field, a core and a surrounding.

Consciousness does not consist only of distinct, clearly defined ideas, thoughts and concepts, and lived-experienced reality is not only that which occurs with clarity. Our consciousness is not limited to what we know, and it cannot be defined only by its focus.

In each moment of lived-experience, there exists a field that is a complex structure of pathic, gnostic and conative (efforts of willing, striving, etc.) moments. Such moments in the field of lived-experience are organized around a core (theme). This organization continually changes, sometimes quickly, sometimes slowly and sometimes the theme undergoes only slight changes while the margin changes quickly. Sometimes the theme and margin change places and sometimes the whole field suddenly changes. In thinking, the thought is in the center of the field while other moments are then in the margin (Linschoten).<sup>(107)</sup>

Depending on a person's intentionality, either a primarily pathic or a gnostic moment will be in the focus of lived-experience. If the gnostic becomes flooded by the pathic, then there is mention of confused, weak or labile intentionality, and a pathic moment will be in the focus of lived-experience and the gnostic moment will be in the margin.

The following three pronouncements previously dealt with are considered again:

(i) the unity of pathic and gnostic lived-experience; they are interwoven, they embrace each other, and they are always found together;

(ii) all gnostic/cognitive lived-experience is emotional;

(iii) pathic lived-experience is disclosive (gnostic).

In terms of the field of lived-experience, the following statements are made:

(i) in the field of lived-experience both pathic and gnostic moments always are present;

(ii) if a gnostic moment (e.g., thinking, ordering, knowing, structuring, perceiving) is present in the focus of the field, a pathic moment (e.g., joy, discouragement, anxiety) is present in the margin;

(iii) if a pathic moment is present in the focus of the field, a gnostic moment is present in the margin.

An inability to distance from a pathic lived-experience to a gnostic directedness is, in terms of the field of lived-experience, an inability to focus on a gnostic moment and to distance the pathic moment from the focus to the margin.

### 6. MODALITIES OF LIVED-EXPERIENCE

Since in this study lived-experience is viewed primarily as a matter of the psychology of becoming and also of psychological pedagogics, it is important to take note of the modalities of lived-experience. More particularly, the pedagogue will come to know:

that the child lived-experiences: lived-experience as activity (belewe);

what the child lived-experiences: lived-experience as content

(beleefde); **how** the child lived-experiences: lived-experience as **states** (belewingswyses).

### (a) Lived-experience as activity

In a phenomenological disclosure, this does not involve the view that a person **has** a lived-experience but rather that he **livedexperiences**. Lived-experience is never passive, and Linschoten,<sup>(108)</sup> Sonnekus,<sup>(109)</sup> Lersch<sup>(110)</sup> and Landman<sup>(111)</sup> vigorously emphasize the activity character of lived-experience. Clearly, it should be viewed as activity and as such the following are distinguished:

intentional act (act of directedness) (Brentano); act of taking a position towards (Sonnekus); act of giving meaning (Husserl); dialectic act (Lersch, Landman); act of changing (Bigot); act of constituting (Langeveld); act of consciousness (Kockelmans); act of knowing (Linschoten); act of actualization (Sonnekus); act of participating; act of signifying (Linschoten); act of selecting (Linschoten).

In addition gnostic lived-experience, e.g., is an act of distancing, objectification, differentiation, thinking, ordering, knowing, understanding, ascertaining, analyzing.

Two modalities of being-in-the-world (Dasein) of the livedexperiencing I are that he **feels** (and finds) himself in the world (**Befindlichkeit** or **pathic**-gnostic lived-experience) and that he **understands** the world (**Verstehen** or **gnostic**-pathic livedexperience). Thus, to lived-experience is to feel and understand. A closer look at the categories of feeling and understanding lead to the conclusion that the **activity** character of lived-experience lies primarily in the gnostic/cognitive moment rather than in the pathic/affective, which again points to the fact that the subject feels (finds) himself in a situation. Of feeling and understanding, the latter modality carries the activity moment. Also, in the following corresponding pairs of categories, it is especially those concepts with a gnostic/cognitive connotation that continually point to the character of activity:

-	perceiving
-	knowing
-	structuring
-	matter of fact
-	differentiation
-	derived (cognitive)
-	knowing, thinking, etc.
-	distantiation
-	standing over against the
	world (understanding
	the world)
-	conscious-purposeful is
	noticeable

From this, the view arises that the demand for gnostic/cognitive lived-experience (gnostic directedness, gnostic focus, being matter of fact, distantiating, objectivating, differentiating) is a demand for psychic-spiritual activity, conduct and exertion. Pathic lived-experience as primordial lived-experience is given with child-being-in-the-world; originally the child finds himself involved in, acquainted with and in the world in affectively colored, emotional ways. Distancing and differentiating to understand, to know, to think, to order, to structure, to analyze, etc. are **activities** by which the child, as initiator of gnostic/cognitive relations, actualizes his becoming.

#### (b) Lived-experience as content

Each moment of lived-experience implies a lived-experienced totality (as a unity) of many feelings, thoughts, remembrances, impressions, ideas, meanings, contents, decisions, choices, judgments, etc. This unity is the **content** of lived-experience or of consciousness.

According to Brentano<sup>(112)</sup> each psychic act is concerned with **something** (intentionally directed), and the following theses are postulated:

Consciousness is always being-conscious of something;

Lived-experience is always lived-experience of something; thinking is always thinking about something; etc.

This **something** to which lived-experience is directed is the content or the object of lived-experience; it is the momentary slice of reality that is lived-experienced and, therefore, as content, it is viewed as the experiential world.

### (c) Lived-experience as state

The states of lived-experience are the ways of being of a livedexperiencing I, also called modes of consciousness or ways of being aware. They are a person's ways of taking a position toward, of being directed to reality, of giving and experiencing meaning; they are his ways of conducting a dialogue with reality. Lived-experience as state concerns the **ways of lived-experiencing**.<sup>(113)</sup>

According to Sonnekus<sup>(114)</sup> the following aare posited as ways of lived-experiencing (in the form of modes of learning):

sensing: a pathic directedness to reality; perceiving: a gnostic directedness to reality; imagining and fantasizing: directedness to an unreal reality; thinking: directedness to reality as a problem; remembering: directedness (in the present) to reality as past; language: directed verbalization of reality; actualization of intelligence: directed to break through situations in reality.

# 7 NORMATIVE MOMENTS OF THE EXPERIENTIAL WORLD OF THE CHILD\*

As an occurrence of intentionality, all giving of sense and meaning, the lived-experience of sense, taking a position and changing the world to a world-for-me take place in terms of particular **norms** and **values**. Each moment of lived-experience, therefore, also is an existential or an **axiological moment**. Each lived-experience of something simultaneously is a lived-experience of values. Scheler<sup>(115)</sup> views human being primarily as a being who lived-experiences values and whose intentional feelings are directed to

<sup>\*</sup> This section is translated as it appears in the text (it is incomplete and inconsistent).

values. The concern here is with the sense and meanings that the child's lived-experiencing has for him; the question regards his lived-experience of sense, meaning and values.<sup>(116)</sup> Thus, his experiential world must be viewed as a world of sense, meaning and values.

Landman<sup>(117)</sup> refers to the inner connection and meaning of moments of lived experience as the occurrence of moments of life itself. For him, lived experience "is not something which momentarily flows past in the stream of conscious life, but rather is the **meaningful** contents that a person experiences and that become a lasting possession."<sup>(118)</sup> The child's lived-experiences are "lived-experiencable relations and valuative attitudes in the face of the meaningful and valuable that radiate from lived-reality," writes Landman.<sup>(119)</sup>

In addition, the unity of pathic/affective and gnostic/cognitive lived-experiencing with the normative cannot be emphasized enough. Sonnekus<sup>(120)</sup> refers to the fact that normative lived-experience of sense is pathically founded and speaks through the pathic and that it also is gnostic in nature. The pathic and gnostic ways of lived-experiencing, then, are the ways a child attributes sense and meaning to his world.<sup>(121)</sup> The small child is more disposed to give sense and meaning more pathically and the older child more gnostically.<sup>(122)</sup>

The knowing moment of lived-experience is also a knowledge of, a knowing of values and norms and cognitive judgments are made in terms of these known values. Thus, here the concern is with the normative moment in the child's cognitive lived-experiences. According to Scheler<sup>(123)</sup> we **know** immediately which values we give preference to and which not. This **knowing** clearly is also a gnostic lived-experience. The child's knowing life is so closely interwoven with his normative lived-experiences that, according to Sonnekus<sup>(124)</sup> the child is directly dependent on the existential-normative for the actualization of his cognitive potentialities.

Further, the lived-experience of norms, values and meanings also is a pathic matter. The theme of **values and feelings** is expounded in a meritorious way by Max Scheler,<sup>(125)</sup> a phenomenologist of livedexperience.<sup>(126)</sup> Scheler's<sup>(127)</sup> view in this connection runs as follows: **values** are given to us in **feelings**. Thus, there is a connection between the essence of the object (its value for a person) and the essence of intentional lived-experience. Values, in their essence, must appear in a feeling consciousness (pathic lived-experience), and thus values and feelings are dependent on each other as correlates. Values are founded in feelings, but values also are objective and thus also gnostic lived-experiences.

Scheler<sup>(128)</sup> further differentiates four "levels of feeling" that correspond to the structure of our total human existence:

(a) Sensory feelings solely have a relation to the body and can be localized at particular places in the body;

(b) Vital feelings also have a relation to the body but belong to the whole bodily "organism." Fundamentally, they differ from sensory feelings in that they carry a functional and intentional character. The values of our world (nature) are given in the vital feelings. Thus, there are feelings of what is good or bad for life;

[(c) Psychic feelings have a bearing on the person as a **person** and they are independent of the body—this type of feeling was omitted from the text--G.Y.]

(d) Spiritual feelings (also called metaphysical or religious) are the highest feelings and are those of a person. In feelings such as bliss, despair and peace, the person is touched in his absoluteness. They form the core of our spiritual acts, and they reach the core of our personal existence. These are the fundamental attunements (moods) or existential modes that permeate our total being.

Scheler<sup>(129)</sup> then presents the following corresponding hierarchy of values or value-modalities:

(a) The values of sensory feelings: the pleasant, the unpleasant, the useful--thus the ways of gratification or suffering (sensory hedonism or pain);

(b) The values of vital feelings: the noble, the common; also values of well-being such as feeling healthy, sick, vital, aged, tired;

[The values of psychic or mental feelings were omitted by the author--G.Y.]

(c) The spiritual values: They are independent of the body and environment. Beauty and ugliness, the divine, just, unjust, knowledge of pure truth, spiritual sympathy;

(d) The values of the holy and unholy: This means the highest feelings: bliss, despair, faith, disbelief, dread, adoration. These necessarily are personal values.

The above pronouncements lead to the conclusion that in correspondence with the different levels of the hierarchy of normative, pathic and gnostic lived-experiences also are actualized on different levels. That is, pathic-gnostic lived-experiences are closely intertwined with normative lived-experiences of meaning.

#### 8. SYNTHESIS

In this chapter, several important aspects of the phenomenon of lived-experience are presented. First, it was necessary to distinguish in detail between pathic/affective and gnostic/cognitive moments in the child's experiential world, and then to indicate that the former is the origin or precondition for a knowing relation with reality. The unity of pathic and gnostic lived-experiencing, however, cannot be stressed strongly enough. According to Heidegger, **Befindlichkeit** and **Verstehen** are two modalities that embrace each other and without which Dasein cannot be contemplated. It has been shown in detail that all gnostic lived-experience is emotional and all pathic lived-experience is disclosive.

In addition, the following characteristics of the stream of livedexperience were briefly indicated: its streaming, integral, personal, knowing, selective and changing character.

Language was disclosed as a medium for expressing the reality we lived-experience. The most important pronouncement here is that all human lived-experience compels formulation in language.

Also, the field of lived-experience was described and there is a distinction between marginal and thematic lived-experiencing.

After that, the fact **that** the child lived-experiences, the question of **what** he lived-experiences and **how** he lived-experiences were dealt with. Through these modalities, lived-experience as activity, as

content and as state were considered. It was indicated that livedexperience clearly bears the character of activity, that content is considered to be identical with the experiential world and that state refers to the subject's modes of being directed to reality.

Finally, it was noted that on all levels of lived experience, the question of giving sense and meaning as well as of meaning and values arose. All lived-experience possesses a normative moment.

In the following chapter, a number of psychopedagogic criteria for evaluating a child's lived-experiences are sketched and explained.

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