

THE FOUNDATIONS OF PEDOTHERAPY

A study of the nature and possibilities of a
phenomenological pedotherapy

By

J. W. M. Pretorius

Translated by

George D. Yonge

(1997)

[Edited 2013]

GRONDSLAE VAN DIE PEDOTERAPIE

'n Ondersoek na die aard en die moontlikhede van
'n fenomenologiese pedoterapie

Johannesburg: McGraw-Hill, 1972

Foreword

The appearance of this work by Dr. Pretorius signifies a new era in the scientific consideration of and reflection on providing help to children with problems.

On the one hand, it provides a good account of a historical-critical evaluation of the most well-known psychotherapeutic foundations, the result of which is a rejection of psychotherapy as pedotherapy. On the other hand, this work is completely new and clearly pedagogically-scientifically founded. As far as is known, this work is not only the first in Afrikaans but one of the first to introduce an accountable, pedagogically founded pedotherapy. In definite respects, in particular concerning the essentials of pedotherapy, its content also is new and refreshing in comparison with the literature overseas.

The author's contribution especially is in the fact that he is highly successful in portraying the autonomous character of pedotherapy as a pedagogic and orthopedagogic procedure. For the first time it is plainly stated that pedotherapy is not an applied psychotherapy of any nature at all. Thus, the work is thoroughly grounded pedagogically as also is the practice known as pedotherapy.

This work also is extremely useful for anyone who undertakes pedotherapy, that is who gives assistance or who "treats" children with problems. It is strongly recommended for all orthopedagogues, child psychologists, pedotherapists, psychotherapists, speech therapists and anyone occupied with helping children with problems. This work is indispensable for students of pedodiagnostics, pedotherapy and also orthopedagogics in general.

It is hoped that this work will enjoy a good reception in pedagogical, orthopedagogical and psychological circles.

PROF. DR. M. C. H. SONNEKUS

Head: Department of Psycho-, Sosio- and Orthopedagogics, and
Director: Child guidance clinic, University of Pretoria

Pretoria

1 March, 1972

CONTENTS

Chapter One: Foundations of pedotherapy

1. A historical-critical foundation of pedotherapy
 - (a) The psychoanalysis of Sigmund Freud
 - (b) The "Client-Centered" theory of Carl Rogers
 - (c) The existential-analysis and logotherapy of V. Frankl
2. Child anthropology as a foundation of pedotherapy
3. Fundamental pedagogics as a foundation of pedotherapy
 - (a) The pedagogic relationship structure
 - (b) The pedagogic sequence structure
 - (c) The pedagogic aim structure
 - (d) The pedagogic categories and criteria
4. Psychopedagogics as a foundation of pedotherapy
5. The psychology of becoming as a foundation of pedotherapy
6. Orthopedagogic foundation of pedotherapy

Chapter Two: Some facets of the pedotherapeutic problem

1. The distressful situation of the child
2. Essentials of the pathic unrest of the child-in-distress
3. Educator guidance
4. Some pre-therapeutic considerations
5. Values in pedotherapy

Chapter Three: The essentials of pedotherapy

1. Preconditions for the pedotherapeutic event
2. The course of the pedotherapeutic event
3. Criteria for evaluating the pedotherapeutic event
4. Phases of the pedotherapeutic event

Chapter Four: Forms of pedotherapy

1. Play therapy
2. Image therapy
3. Conversational therapy
4. The guided daydream of Robert Desoille as a form of pedotherapy
5. Logotherapeutic moments in pedotherapy

Chapter Five: Synthesis